

USAGE: Take 1 capsule per day with meals or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Ginger (*Zingiber officinale*) has been used in Asian cuisine for thousands of years. When used as a food, ginger root provides antioxidant protection.*

Most ginger is heat processed either in cooking or processing. However, **Jarrow Formulas® Ginger** is naturally-dried and not subjected to any additional heat. Four pounds of fresh ginger root yields one pound of ginger concentrate. This process ensures the presence of the active compounds that are beneficial to the gastrointestinal tract.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Jarrow
F O R M U L A S

Made with
Naturally-Dried

Ginger

4:1 Concentrate

500
MILLIGRAMS

100
CAPSULES

DIETARY
SUPPLEMENT



Supplement Facts

Serving Size 1 Capsule

Servings Per Container 100

	Amount Per Serving	% DV
Organic Ginger Root (4:1 concentrate) (<i>Zingiber officinale</i>)	500 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, silicon dioxide and magnesium stearate (vegetable source). Capsule consists of gelatin.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.



03115GING

PROD # 114026

Distributed Exclusively by:
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Lot #. Best Used Before:

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