

USAGE: Take 1 softgel 1 to 2 times per day with meals or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Borage is a cold pressed, hexane free and stabilized oil from borage seeds (*Borago officinalis*). Borage Oil is the highest-potency source of **GLA** available. GLA is an important omega-6 fatty acid needed for the production of beneficial prostaglandins (hormone-like compounds), which play an important role in promoting immune regulation.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow
FORMULAS®

240 mg Gamma-Linolenic Acid Per Softgel

Borage

Cold Pressed
Hexane Free

1200
MILLIGRAMS

60
SOFTGELS

DIETARY
SUPPLEMENT



Supplement Facts

Serving Size 1 Softgel

Servings Per Container 60

	Amount Per Serving	% DV
Calories	10	
Calories From Fat	10	
Total Fat	1 g	2%
Borage Seed Oil (<i>Borago officinalis</i>)	1200 mg	*
Gamma-Linolenic Acid (GLA)	240 mg	

* Daily Value not established.

Other Ingredient: Gamma tocopherol. Softgel consists of gelatin, glycerin and water.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

10214GLA240 PROD # 109008

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and FormulationSM
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com



© 2014 **Jarrow FORMULAS®**