

Suggested Usage: Take 2 capsules with or before each meal.

NOW® Optimal Digestive System offers a blend of enzymes that will aid in the digestion of most foods, including beans and cruciferous vegetables.* The vegetarian enzymes in this product have been tested in a controlled laboratory study using a digestive model by the Netherlands Organization for Applied Scientific Research to demonstrate their activity throughout the entire pH range of the digestive system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Not manufactured with wheat, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet.
Keep in Bottle.

CODE 2958 V5



7 33739 02958 4

CAPSULE SIZE

BioCor^e
OPTIMUM™



Optimal Digestive System

Full Spectrum Enzymes

- Maximum Food Utilization
- Also helps Bean and Cabbage Digestion*

90 Veg Capsules

A Dietary Supplement Vegetarian/Vegan

Probiotics/Enzymes/Digestive

Family owned since 1968.

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 45

Amount Per Serving

BioCore Optimum™	200 mg*
Amylase (from <i>Aspergillus oryzae</i>)	7,000 DU*
Protease (from <i>Aspergillus oryzae</i>)	42,000 HUT*
Protease (from <i>Aspergillus oryzae</i>)	6,000 PC*
Protease (from <i>Aspergillus oryzae</i>)	4 AP*
Protease (from <i>Aspergillus niger</i>)	100 SAPU*
Glucoamylase (from <i>Aspergillus niger</i>)	10 AGU*
Invertase (from <i>Saccharomyces cerevisiae</i>)	800 SU*
Diastase (from <i>Aspergillus oryzae</i>)	3,000 DP**
Lipase (from <i>Candida rugosa</i> , <i>Aspergillus niger</i> and <i>Rhizopus oryzae</i>)	1,000 FIP*
Alpha-galactosidase (from <i>A. niger</i>) (300 GalU)	30 mg*

* Daily Value not established.

Other ingredients: Rice Bran, Cellulose (capsule), Rice Maltodextrin and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

BioCore Optimum™ is a trademark of National Enzyme Company.

