

USAGE: Take 1 capsule up to 3 times per day or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition (especially diabetes, glucose control, or hypotension), are pregnant, lactating, trying to conceive, under the age of 18, or taking medications (especially for diabetes, glucose control, or blood pressure control), consult your healthcare professional before using this product.

Acetyl-L-Carnitine Arginate and **Alpha Lipoic Acid (ALA)** support the mitochondrial production of energy.* Acetyl-L-Carnitine is found in most cells in the body, including brain, nerve, heart, liver and sperm cells, where it participates within the mitochondria in metabolizing fatty acids into energy.*

Alpha Lipoic Acid is a water- and lipid-soluble antioxidant required by the pyruvate dehydrogenase complex (within the mitochondrial matrix), which is the nexus between glycolysis and the Krebs or TCA (energy) cycle.*

Acetyl-L-Carnitine Arginate and Alpha Lipoic Acid work synergistically as antioxidants.* Acetyl-L-Carnitine Arginate Dihydrochloride is manufactured by Sigma-tau Industries, S.p.A. (Rome, Italy), the pioneer in L-Carnitine science under U.S. patent # 6,703,042 and Worldwide patent # EP1,202,956.

The combination of Acetyl-L-Carnitine and Alpha Lipoic Acid is patented by Sigma-tau Industries under USA patent 6,365,622.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Jarrow
F O R M U L A S

Acetyl-L-Carnitine Arginate + Alpha Lipoic Acid

**Mitochondrial Nutrition for
Energy Production***

100
CAPSULES

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 100

	Amount Per Serving	% DV
Acetyl-L-Carnitine Arginate dihydrochloride	500 mg	*
Acetyl-L-Carnitine	200 mg	
Arginine	170 mg	
Alpha Lipoic Acid	100 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of gelatin.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.



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