

USAGE: Take 2 capsules three times per day with meals, (for a total of 6) to facilitate maximum absorption or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, or taking medications (especially warfarin/Coumadin), consult your healthcare professional before using this product.

Bone-Up® provides StimuCal™ ossein **MicroCrystalline HydroxyApatite** (MCHA) (from free-range New Zealand calves), which includes the superior combination of the inorganic calcium lattice of MCHA within an organic protein milieu. StimuCal™ is rich in native type I collagen—the predominant protein found in bone—and has been clinically demonstrated not to disproportionately spike calcium blood levels as do other forms of calcium, such as the carbonate and citrate salt forms. StimuCal™ is combined with vitamin D₃ and vitamin K₂ (as MK-7 from natural fermentation [a more bioavailable form of vitamin K]) to support the proper deposition of calcium into the bone matrix, thereby maintaining skeletal integrity, as well as supporting cardiovascular and arterial health.* Potassium citrate, a systemic alkalizer, is also added for optimal osteo support.*

HEALTH CLAIM: Adequate calcium and vitamin D as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis later in life.

For best results, use with **Jarrow Formulas® JarroSil®**, the biologically **Activated Silicon®**.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:



Superior Skeletal Support*

BONE-UP®

StimuCal™ Microcrystalline Hydroxyapatite
Potassium Citrate & Natural MK-7



Promotes Bone Density*
Supports Cardiovascular Health*

360
CAPSULES

DIETARY
SUPPLEMENT



Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation™
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com



Supplement Facts

Serving Size 6 Capsules

Servings Per Container 60

	Amount Per Serving	% DV
Vitamin C (as calcium ascorbate)	200 mg	330%
Vitamin D ₃ (cholecalciferol)	1000 IU	250%
Natural MK-7 (vitamin K ₂ as menaquinone-7)	45 mcg	60%
Calcium (elemental) (from StimuCal™ Microcrystalline Hydroxyapatite)	1000 mg	100%
Magnesium (as magnesium oxide)	500 mg	130%
Zinc (L-OptiZinc®) (as zinc L-monomethionine)	10 mg	70%
Copper (as copper gluconate)	1 mg	50%
Manganese (as manganese citrate)	1 mg	50%
Potassium (as potassium citrate)	99 mg	4%
Boron (as boron citrate)	3 mg	*

* Daily Value not established.

Other Ingredients: Maltodextrin, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of gelatin.

Mineral amounts are elemental.

Contains: Soy (in trace amounts).

No wheat, no gluten, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

StimuCal™ is a registered trademark of PharmaZen Ltd., and is patent pending.

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