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SUGGESTED USE
SHAKE WELL BEFORE USING
Add 1 full squeeze of the dropper bulb
to 2 oz. of water or juice, 2 to 5 times
per day. Best taken between meals.
Keep Out of the Reach of Children
Store away from heat & light

012

CRAMP BARK

SYSTEM RESTORATION

Musculoskeletal*



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Cramp Bark Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
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Cramp Bark bark (<i>Viburnum opulus</i>) [Ⓢ] extract 657 mg [Ⓢ]	†
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† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (52-62%), distilled water & certified organic vegetable glycerin. **Non-GMO & Gluten-Free**

[Ⓢ] Sustainably Wildcrafted

[Ⓢ] Equivalent to approximately 140 mg of herb.

Dry herb / menstruum ratio: 1 : 5

HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.