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**SUGGESTED USE**

SHAKE WELL BEFORE USING  
Add one full squeeze of the dropper bulb  
to 2 oz. of water or juice, two to five times  
per day. Best taken between meals.  
**Keep Out of the Reach of Children**  
Store away from heat & light



HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

tree lichen  
**USNEA**  
CLEANSE & DETOXIFY

**Usnea Liquid Extract**

**Supplement Facts**

Serving Size: 0.7 ml

Servings: about 168

Amount Per Serving

% DV

Usnea lichen

(*Usnea spp.*) extract 570 mg

†

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (90-100%). **GLUTEN-FREE**

• Sustainably Wildcrafted

• Equivalent to approximately 175 mg of herb.

Dry herb / menstruum ratio: 1 : 4

We prepare our Usnea Extract from various species of Usnea lichens which have been **Sustainably Wildcrafted** in their natural habitat.

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