

USAGE: Take 2 tablets 1 to 2 times per day or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

The adrenal glands produce hormones that underlie the body's mechanisms for coping with physical and mental stress. Overtraining in athletics, chronic anxiety, worry, nervous tension and other factors associated with excessive cortisol release are linked to adrenal exhaustion and fatigue. Over-reliance on caffeine and other stimulants also taxes the adrenals.

Jarrow Formulas® Adrenal Optimizer® combines important nutrients and nutraceuticals that support adrenal health.* Vitamin C, DMAE and pantothenic acid participate in the synthesis and release of adrenal hormones.* Adrenal Optimizer® works best when combined with adequate rest and sound nutrition.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

07114ADREN120 PROD # 129032



Distributed Exclusively by:
Jarrow FORMULAS®
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Los Angeles, CA 90035-4317
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Lot #: Best Used Before:

Jarrow
FORMULAS®

Adrenal Optimizer®

Supports Adrenal Renewal*
and Stress Reduction*

120
TABLETS

DIETARY
SUPPLEMENT

KSM-66®
ashwagandha

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 60

	Amount Per Serving	% DV
Vitamin C (as calcium ascorbate)	100 mg	167%
Vitamin B ₅ (as calcium d-pantothenate)	250 mg	2500%
Chamomile (Flower Extract) (<i>Matricaria recutita</i>)	125 mg	*
Shatavari (Root Extract) (<i>Asparagus racemosus</i>)	100 mg	*
Gotu Kola (leaves) (<i>Centella asiatica</i>)	100 mg	*
<i>Rhodiola Rosea</i> (Root Extract)	100 mg	*
Eleuthero (Root Extract) (<i>Eleutherococcus senticosus</i>)	100 mg	*
Licorice (Root Extract) (<i>Glycyrrhiza glabra</i> , 4:1)	100 mg	*
KSM66® Ashwagandha (Root Extract) (<i>Withania somnifera</i>)	100 mg	*
Schizandra (Fruit and Seed Extract) (<i>Schisandra chinensis</i>)	80 mg	*
DMAE (from DMAE Bitartrate)	25 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, calcium phosphate, stearic acid (vegetable source), silicon dioxide, magnesium stearate (vegetable source) and a food grade coating.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

KSM66® is a registered trademark of Ixoreal Biomed Inc.