

Formulated for the healthy way of life experts at Life Time Fitness.

Life Time Fitness Curcumin 500 helps maintain the body's normal inflammatory response, reduces post-workout soreness, and is 29 times more absorbable than regular curcumin.*

Recommended Use:

Take 1-2 capsules 2 times daily or as recommended by your health-care professional.

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THORNE RESEARCH
Pure Ingredients. Proven Results.

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Manufactured By:
Thorne Research, Inc.
For: Life Time Fitness, Inc.
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LTFL2755
LLTFL275502

LIFETIME
FITNESS

FOUNDATION

CURCUMIN 500

Inflammatory response maintenance*

120 capsules

supports a normal inflammatory response*
dietary supplement

SUPPLEMENT FACTS

Serving Size: Two Capsules
Servings Per Container: 60

Two Capsules Contain:	%DV
Curcumin Phytosome† (<i>Curcuma longa</i> extract (root) / Phosphatidylcholine complex)	1 g *

*Daily Value (DV) not established

OTHER INGREDIENTS: Hypromellose (derived from cellulose) capsule, Leucine, Calcium Citrate/Laurate, Silicon Dioxide, Microcrystalline Cellulose.

Contains ingredient derived from soy (phytosome).

†This product uses Indena S.p.A.'s curcumin phytosome (Meriva®). Meriva is a registered trademark of Indena S.p.A.

ALLERGY WARNING: This product is contraindicated in an individual with a history of hypersensitivity to any of its ingredients.

Curcumin 500 contains curcumin phytosome – a plant extract complexed with phosphatidylcholine, which is derived from soy. Phosphatidylcholine contains no soy protein. There are no other soy-based ingredients in Curcumin 500.

If pregnant, consult your health-care practitioner before using this product.

TAMPER EVIDENT: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

TO REORDER shop.lifetimefitness.com

INTERACTIONS: Curcumin has been shown to reduce the therapeutic efficacy of cyclophosphamide (Cytoxan) in animal studies. *In vitro* research revealed that curcumin decreased camptothecin-induced death of cultured breast cancer cells. Curcumin might also interfere with the absorption and efficacy of the chemotherapy drug irinotecan, used to treat colon cancer. The concurrent use of curcumin with these agents should be avoided.