USAGE: Take 1 capsule 1 to 2 times per day with water, or as directed by your qualified healthcare professional.

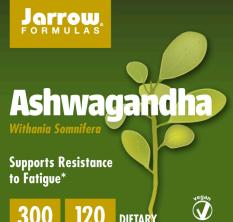
NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

KSM-66® Ashwagandha is an extract obtained from roots.

Ashwagandha has been used in the Indian tradition of Ayurveda to improve musculoskeletal function and as a tonic to improve overall health." Experimental studies demonstrate that Ashwagandha is an adaptogen that supports resistance to physical, biological, and chemical stresses and supports endurance, muscle recovery and cognitive health. KSM-66° is a registered trademark of Ixoreal Biomed Inc.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Supplement Facts

Serving Size 1 Capsule

Servings Per Container 120

Amount Per Serving

% DV

300 mg

KSM-66® Ashwagandha (Root Extract)
(Withania somnifera)

* Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of hydroxypropylmethylcellulose.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Suitable for vegetarians/vegans.

NOTE: Color varies due to nature of material.

KSM-66





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