

Suggested Usage: Begin with 1/2 teaspoon daily added to water or juice. Gradually increase quantity up to 2 teaspoons daily, as desired. For maintenance use, consume 1/2 teaspoon daily.

NutraFlora® FOS is a pleasant-tasting natural fiber comprised of concentrated Fructooligosaccharides (FOS), a non-digestible carbohydrate which aids the growth of beneficial intestinal bacteria such as *Bifidus* and *Acidophilus*.*

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet Enclosed.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

Please Recycle.

CODE 2942 V3



NutraFlora® FOS

Pure Powder

Prebiotic Fiber



Net Wt. 4 oz. (113 g)
A Dietary Supplement Vegetarian/Vegan

Probiotics/Enzymes/Digestive

Family owned since 1968.

Supplement Facts

Serving Size 2 Teaspoons (approx. 5 g)
Servings Per Container about 23

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	5 g	2%*
Dietary Fiber	5 g	20%*
NutraFlora® FOS Powder (Fructooligosaccharides)	5 g (5,000 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: None.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NutraFlora® is a registered trademark of GTC Nutrition.

This product is sold by weight not volume.

