

**PURIFIED, CONCENTRATED,  
NATURAL FISH OIL**

OmegaGuard pharmaceutical-grade omega-3s feature a state-of-the-art, proprietary, multistep molecular distillation process that concentrates natural beneficial omega-3 fatty acids. Friend of the Sea certified.

**HELPS REDUCE THE RISK  
OF HEART DISEASE**

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. (See nutrition information for total fat and saturated fat content.)

OmegaGuard provides a full spectrum of seven ultra-pure omega-3 fatty acids, naturally found in fish, to help maintain a healthy heart and cardiovascular system.\*

High in DHA and EPA, OmegaGuard supports healthy brain, vision, and joint function.\* Bioavailable. No aftertaste and easy to digest. Gluten free.

IMPRINT  
AREA

**Caution:** If taking blood thinning medications, consult your physician prior to use. Discontinue use two weeks before surgery.

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

NG421A



**PROMOTES HEART, JOINT, & BRAIN HEALTH\***



**OMEGA  
GUARD®**

**1,200 mg of Natural Fish Oil**

- 667 mg of Total Omega-3s
- Small Cold-Water Fish
- No Cholesterol

**60 SOFTGELS**  
Easy-to-Swallow  
Dietary Supplement



**Directions:** Take 2 softgels one or two times daily with meals.

**Supplement Facts**

Serving Size: 2 Softgels

Servings Per Container: 30

|                                                                                                                                                    | Amount Per Serving | % DV |
|----------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|------|
| Calories                                                                                                                                           | 10                 |      |
| Calories from Fat                                                                                                                                  | 10                 |      |
| Total Fat                                                                                                                                          | 1 g                | 2%** |
| Saturated Fat                                                                                                                                      | 0 g                | 0%** |
| Trans Fat                                                                                                                                          | 0 g                |      |
| Cholesterol                                                                                                                                        | 0 mg               | 0%   |
| Total Fish Oil                                                                                                                                     | 1,200 mg           | †    |
| Total Omega-3 Fatty Acids (as ethyl esters)                                                                                                        | 667 mg             | †    |
| Our full spectrum includes:                                                                                                                        |                    |      |
| EPA (eicosapentaenoic acid)                                                                                                                        | 363 mg             | 279% |
| DHA (docosahexaenoic acid)                                                                                                                         | 240 mg             | 185% |
| and five other naturally found fatty acids:<br>docosapentaenoic, stearidonic, eicosatetraenoic,<br>heneicosapentaenoic, and alpha-linolenic acids. |                    |      |
|                                                                                                                                                    | 64 mg              | †    |

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

**INGREDIENTS:** ULTRA-PURE MARINE LIPID CONCENTRATE, MIXED TOCOPHEROLS CONCENTRATE IN A SOFT GELATIN CAPSULE (GELATIN, GLYCERIN, WATER).

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