

## LOWERS CHOLESTEROL NATURALLY

Cholesterol Reduction Complex is a proprietary formula with clinically proven ingredients that help prevent absorption of cholesterol and lower LDL ("bad") cholesterol. It is made with a powerful blend of sterols and stanols, which are found naturally in plants, fruits, vegetables, and grains.

## NATIONAL INSTITUTES OF HEALTH (NIH) RECOMMENDS STEROLS AND STANOLS

Eat less saturated fat and cholesterol, exercise, lose weight, eat more soluble fiber, and consume 2,000 mg of plant sterols and stanols daily.

## MAY HELP REDUCE RISK OF HEART DISEASE

Products providing 800 mg of plant sterols and stanols consumed daily with two different meals, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. Cholesterol Reduction Complex provides 1,000 mg of plant sterols and stanols per serving, and 2,000 mg daily when used as directed.

Gluten free.  
No artificial flavors,  
sweeteners, colors, or  
preservatives added.

NG416A



**LOWERS CHOLESTEROL NATURALLY**  
**May Help Reduce Risk of Heart Disease**

SEE SIDE PANEL

# CHOLESTEROL REDUCTION COMPLEX

**Dietary Supplement**  
**2,000 mg of Plant  
Sterols/Stanol Per Day**

**DELIVERS DAILY  
100% OF STEROLS  
AND STANOLS  
RECOMMENDED  
BY NIH**

**120 TABLETS**



**Directions:** Take 2 tablets twice daily up to 30 minutes before mealtime. Not intended for use by pregnant or lactating women or by children. Consult your physician if you are using cholesterol lowering medications.

## Supplement Facts

Serving Size: 2 Tablets  
Servings Per Container: 60

|                      | Amount Per Serving | % DV |
|----------------------|--------------------|------|
| Calories             | 10                 |      |
| Total Carbohydrate   | 2 g                | 1%** |
| Dietary Fiber        | <1 g               | 3%** |
| Sodium               | 10 mg              | <1%  |
| Plant Sterols/Stanol | 1,000 mg           | †    |

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet.  
†Daily Value not established.

**INGREDIENTS:** PLANT STEROLS/STANOLS, MICROCRYSTALLINE CELLULOSE, CROSCARMELLOSE SODIUM, HYDROXYPROPYL METHYLCELLULOSE, MODIFIED FOOD STARCH, HYDROXYPROPYL CELLULOSE, HYDROXYLATED SOY LECITHIN.



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