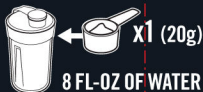


DIRECTIONS & USE

MIX 1 SCOOP (20g)
INTO 8 FL-OZ WATER



Mix 1 scoop (20g) with 8 fl-oz of water. MONSTER INITIATE™ Supplement Mix can be used before and during workouts.

This product complements a smart eating and hydration plan that, in conjunction with a balanced exercise program, may contribute to weight management and recovery from exercise.†

CarnoSyn®
Carnosine Synthesizer
BETA-ALANINE

Rate limiting factor for carnosine production which can act as a buffer to reduce acidity in muscle during high intensity exercise.†



*FREE OF
BANNED
SUBSTANCES

NSF screens supplements for more than 200 substances banned by most major athletic organizations. The main components of NSF's certification program are label claim review, a toxicology review to certify the formulation and contaminant review to ensure against contaminants. nsfsport.com

PUREENERGY

Patented ingredient that combines caffeine with pTeroPure® pterostilbene in a unique co-crystal structure that is designed to deliver caffeine to the bloodstream more efficiently than caffeine by itself.†

**NUTRIENT
SUMMARY
PER SERVING**

3G
L-CITRULLINE

Promotes an increase in nitric oxide donors.†

150MG
CAFFEINE

Helps enhance mental focus.†

WHAT ARE YOU GETTING? **CHECK THIS OUT...**

IS SPORTS NUTRITION THAT STANDS FOR:

TRUTH POWER LIFE

WHAT DO YOU STAND FOR?

We stand for truth, power and unyielding support of athletic lifestyles. This is our unwavering commitment to quality. A symbol to carry and support you before, during and after training or competition. **⚡** stands for **TRUTH**: fully disclosed nutritional ingredients and no proprietary blends; **POWER**: efficacious formulations that enhance your performance; **LIFE**: inspiration you need to achieve your lifelong goals. Because truth is power, power is performance and performance changes lives.

NET WT 21.2 OZ (1.3 LBS / 600G)

MONSTER

INITIATE™

CAFFEINATED PRE-WORKOUT
AMINO ACID SUPPLEMENT MIX

► **PREPARE**
► **TRAIN**
RECOVER

⚡ **CYTOSPORT
MONSTER
SERIES™**

SOUR APPLE
NATURALLY & ARTIFICIALLY FLAVORED

3G
L-CITRULLINE
PER SERVING

2G
CARNOSYN®
BETA-ALANINE
PER SERVING



*FREE OF
BANNED
SUBSTANCES

Supplement Facts

Serving Size 1 scoop (20g)
Servings Per Container 30

	Amount Per Serving	%DV
Calories	30	
Total Carbohydrate	8 g	3%*
Dietary Fiber	3 g	12%*
Vitamin C (as Ascorbic Acid)	250 mg	420%
Vitamin B6 (as Pyridoxal-5-phosphate)	5 mg	250%
Vitamin B12 (as Cyanocobalamin)	60 mcg	1000%
Calcium	40 mg	4%
Sodium	10 mg	<1%
Potassium	100 mg	3%

Betaine Anhydrous	2 g	**
Caffeine (from caffeine anhydrous and Purenergy™ caffeine pterostilbene cocrystal)	150 mg	**
CarnoSyn® Beta-Alanine	2 g	**
Glucuronolactone	300 mg	**
L-Citrulline	3 g	**
L-Leucine	2 g	**
Taurine	500 mg	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Percent Daily Value (DV) not established.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

OTHER INGREDIENTS: Soluble Corn Fiber, Citric Acid, Maltodextrin, Natural and Artificial Flavors, Malic Acid, Potassium Citrate, TriCalcium Phosphate, Sucralose, Acesulfame Potassium, Sodium Citrate, Silicon Dioxide (Anti-caking Agent), Carmine Powder (Added for Color), Dimethylpolysiloxane (Prevents Foaming).

Produced for CytoSport, Inc., Benicia, CA 94510

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GLUTEN FREE

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L-80280-Rev01.03/15
62016 S1097741-01



PLEASE
RECYCLE