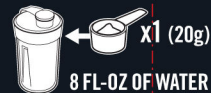


DIRECTIONS & USE

MIX 1 SCOOP (20g)
INTO 8 FL-OZ WATER



CarnoSyn
Carnosine Synthesizer
BETA-ALANINE



**NUTRIENT
SUMMARY**
PER SERVING

3G
L-CITRULLINE

Promotes an increase in nitric oxide donors.†

150MG
CAFFEINE

Helps enhance mental focus.†

WHAT ARE YOU GETTING? **CHECK THIS OUT...**

Mix 1 scoop (20g) with 8 fl-oz of water. MONSTER INITIATE™ Supplement Mix can be used before and during workouts.

This product complements a smart eating and hydration plan that, in conjunction with a balanced exercise program, may contribute to weight management and recovery from exercise.†

Rate limiting factor for carnosine production which can act as a buffer to reduce acidity in muscle during high intensity exercise.†

NSF screens supplements for more than 200 substances banned by most major athletic organizations. The main components of NSF's certification program are label claim review, a toxicology review to certify the formulation and contaminant review to ensure against contaminants. nsfsport.com

Patented ingredient that combines caffeine with pTeroPure® pterostilbene in a unique co-crystal structure that is designed to deliver caffeine to the bloodstream more efficiently than caffeine by itself.†

IS SPORTS NUTRITION THAT STANDS FOR:

TRUTH POWER LIFE

WHAT DO YOU STAND FOR?

We stand for truth, power and unyielding support of athletic lifestyles. This is our unwavering commitment to quality. A symbol to carry and support you before, during and after training or competition. **Z** stands for TRUTH: fully disclosed nutritional ingredients and no proprietary blends; POWER: efficacious formulations that enhance your performance; LIFE: inspiration you need to achieve your lifelong goals. Because truth is power, power is performance and performance changes lives.

NET WT 21.2 OZ (1.3 LBS / 600G)

MONSTER

INITIATE™

CAFFEINATED PRE-WORKOUT
AMINO ACID SUPPLEMENT MIX

► PREPARE
► TRAIN
RECOVER

**CYTOSPORT
MONSTER
SERIES™**

GRAPE
NATURALLY & ARTIFICIALLY FLAVORED

3G
L-CITRULLINE
PER SERVING

2G
CARNOSYN®
BETA-ALANINE
PER SERVING



*FREE OF
BANNED
SUBSTANCES

Supplement Facts

Serving Size 1 scoop (20g)
Servings Per Container 30

	Amount Per Serving	%DV
Calories	30	
Total Carbohydrate	8 g	3%*
Dietary Fiber	3 g	12%*
Vitamin C (as Ascorbic Acid)	250 mg	420%
Vitamin B6 (as Pyridoxal-5-phosphate)	5 mg	250%
Vitamin B12 (as Cyanocobalamin)	60 mcg	1000%
Calcium	40 mg	4%
Sodium	10 mg	<1%
Potassium	100 mg	3%
Betaine Anhydrous	2 g	**
Caffeine (from caffeine anhydrous and Purenergy™ caffeine pterostilbene cocrystal)	150 mg	**
CarnoSyn® Beta-Alanine	2 g	**
Glucuronolactone	300 mg	**
L-Citrulline	3 g	**
L-Leucine	2 g	**
Taurine	500 mg	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Percent Daily Value (DV) not established.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

OTHER INGREDIENTS: Soluble Corn Fiber, Maltodextrin, Citric Acid, Natural and Artificial Flavors, Malic Acid, Potassium Citrate, TriCalcium Phosphate, Fruit and Vegetable Extract (Added for Color), Sucralose, Acesulfame Potassium, Sodium Citrate, Silicon Dioxide (Anti-caking Agent), Dimethylpolysiloxane (Prevents Foaming).

Produced for CytoSport, Inc., Benicia, CA 94510

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Purenergy™ and pTeroPure® are trademarks of ChromaDex, Inc., Patents: See ChromaDex.com

GLUTEN FREE

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L-80250-REV01.03/15
62017 S1097740-01

