DIRECTIONS & USE

(205g) INTO 16 FL-OZ WATER



can be used either before workouts, after

Mix 4 scoops (205g) with 16 fl-oz of water.

of hydration.†



protein synthesis and inhibiting muscle



ProHydrolase the breakdown and digestion of proteins.†

Patented protease enzymes can assist with

workouts or prior to bedtime. Individual nutritional requirements vary

MONSTER MASSIVE™ Protein Supplement Mix

depending on gender, body weight, level of activity and exercise/training intensity. This product complements a smart eating and hydration plan that, in conjunction with a balanced exercise program, may contribute to weight management and recovery from exercise. During exercise and use, maintain an adequate state

NSF screens supplements for more than 200 substances banned by most major athletic organizations. The main components of NSF's certification program are label claim review, a toxicology review to certify the formulation and contaminant review to ensure against contaminants, nsfsport.com

IS SPORTS NUTRITION THAT STANDS FOR:

WHAT DO YOU STAND FOR?

We stand for truth, power and unyielding support of athletic lifestyles. This is our unwavering commitment to quality. A symbol to carry and support you before, during and after training or competition. 🔀 stands for TRUTH: fully disclosed nutritional ingredients and no proprietary blends; POWER: efficacious formulations that enhance your performance; LIFE: inspiration you need to achieve your lifelong goals. Because truth is power, power is performance and performance changes lives.

25G OF MILK PROTEIN ISOLATE 15G OF WHEY PROTEIN CONCENTRATE 10G OF MICELLAR CASEIN

A source of both more slowly digested (casein) and rapidly digested (whey) proteins.†

ADDED L-LEUCINE

This amino acid helps stimulate muscle protein synthesis at the muscle tissue. cellular level.†

WHAT ARE YOU GETTING? CHECK THIS OUT...

Most abundant amino acid in

Carbohydrates help replenish muscle glycogen, fuel for exercising muscles.†





PROTEIN SUPPLEMENT MIX

PREPARE **TRAIN**

PRECOVER



NET WT 4.6 LBS (2100G)

CYTOSPORT MONSTER SERIES™

BANANA NATURALLY AND ARTIFICIALLY FLAVORED 70G

SEE SUPPLEMENT FACTS FOR CHOLESTEROL CONTENT

Supplement Facts

Serving Size 4 scoops (205g) Servings Per Container About 10

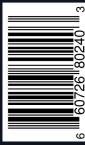
Servings Per Container About 10		
Am	ount Per Serving	%DV
Calories	810	
Calories from Fat	110	
Total Fat	12 g	18%*
Saturated Fat	3 g	15%*
Polyunsaturated Fat	1 g	**
Monounsaturated Fat	6 g	**
Cholesterol	65 mg	22%*
Total Carbohydrate	125 g	42%*
Sugars	5 g	**
Protein	50 g	100%*
Vitamin A (as Vitamin A Palmitate		35%
Vitamin C (as Ascorbic Acid)	21 mg	35%
Vitamin D (as Cholecalciferol)	140 IU	35%
Vitamin E (as dl-Alpha Tocopheryl	Acetate) 10.5 IU	35%
Thiamin (as Thiamine Mononitra	te) 0.53 mg	35%
Riboflavin	0.6 mg	35%
Niacin (as Niacinamide)	7 mg	35%
Vitamin B6 (as Pyridoxine Hydroch	loride) 0.7 mg	35%
Folate (as Folic Acid)	140 mcg	35%
Vitamin B12 (as Cyanocobalamir) 2.1 mcg	35%
Biotin	105 mcg	35%
Pantothenic Acid (as d-Calcium Pantothenate)	3.5 mg	35%
Calcium	1000 mg	100%
Iron (as Ferrous Fumarate)	6.3 mg	35%
Phosphorus	650 mg	65%
lodine (as Potassium lodide)	67.5 mcg	45%
Magnesium	200 mg	50%
Zinc (as Zinc Oxide)	5.3 mg	35%
Copper (as Copper Gluconate)	0.7 mg	35%
Chromium (as Chromium Chlorid		80%
Sodium	180 mg	8%
Potassium	600 mg	17%

* Percent Daily Values (DV) based on a 2,000 calorie diet. Percent Daily Value (DV) not established.

125 mg

ProHydrolase® (protease enzymes from Bacillus sp. and Ananas comosus)

_-Leucine



TOSPORTMONSTER.COM

OTHER INGREDIENTS: Maltodextrin, Milk Protein Isolate,

Caseinate (A Milk Derivative), Mono- and Diglycerides, Tocopherols), Natural and Artificial Flavors, Canola Oil,

Magnesium Oxide, Śoy Lecithin, Acesulfame Potassium

roHydrolase® is a registered trademark of Deerland Enzymes, Inc.

+ These statements have not been evaluated by the Food

and Drug Administration. This product is not intended to

Medium Chain Triglycerides. Potassium Chloride.

roduced for CytoSport, Inc., Benicia, CA 94510

diagnose, treat, cure, or prevent any disease.

Sucralose, Stevia Extract.

GLUTEN FREE

L-80240-REV01.03/15

See Supplemental Facts for Cholesterol Content