

Nature's Plus®  
The Energy Supplements.®

ULTRA

Source of Life®

GLUTEN Free

Whole Life  
Energy Enhancer

Multi-Vitamin Supplement  
With Whole Foods, Herbs,  
Enzymes & Much More!

90 Tablets

With LUTEIN

Vegetarian • Hypo-Allergenic

**Nutritional Support for Natural Energy Production,  
Healthy Eye Function and Overall Well-Being.\***

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.  
**DIRECTIONS:** As a dietary supplement, three tablets once daily.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.**

**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

## Supplement Facts

Serving Size 3 Tablets  
Servings Per Container 30

| Amount Per Serving                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |           | %DV** |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|-------|
| Calories                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 20        |       |
| Total Carbohydrate                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 3 g       | 1%**  |
| Dietary Fiber                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 1 g       | 6%**  |
| Protein                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 1 g       |       |
| Vitamin A (as beta carotene)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 10,000 IU | 200%  |
| Vitamin C (as ascorbic acid)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 1000 mg   | 1667% |
| Vitamin D (as ergocalciferol)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 400 IU    | 100%  |
| Vitamin E (as d-alpha tocopheryl succinate)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 200 IU    | 667%  |
| Vitamin K (phyloquinone)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 80 mcg    | 100%  |
| Thiamin (vitamin B-1) (as thiamine HCl)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 25 mg     | 1667% |
| Riboflavin (vitamin B-2)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 25 mg     | 1471% |
| Niacin (as niacinamide)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 40 mg     | 200%  |
| Vitamin B-6 (as pyridoxine HCl)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 25 mg     | 1250% |
| Folate (as folic acid)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 400 mcg   | 100%  |
| Vitamin B-12 (as cyanocobalamin)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 200 mcg   | 3333% |
| Biotin                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 100 mcg   | 33%   |
| Pantothenic Acid (as calcium pantothenate)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 60 mg     | 600%  |
| Calcium (as aminoate complex)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 200 mg    | 20%   |
| Iron (as aminoate complex, ascorbate)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | 18 mg     | 100%  |
| Iodine (from kelp)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 150 mcg   | 100%  |
| Magnesium (as aminoate complex)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 100 mg    | 25%   |
| Zinc (as monomethionine)***                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 15 mg     | 100%  |
| Selenium (as selenomethionine, aminoate complex)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 25 mcg    | 36%   |
| Copper (as aminoate complex)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 0.5 mg    | 25%   |
| Manganese (as aminoate complex)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 4 mg      | 200%  |
| Chromium (as polynicotinate)****                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 20 mcg    | 17%   |
| Potassium (as aminoate complex)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 50 mg     | 1%    |
| Whole Food PhytoAlgae                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | 1000 mg†  |       |
| Proprietary complex of spirulina (Hawaiian <i>Spirulina platensis</i> ), Phenalgin™ ( <i>Cystoseira canariensis</i> from Canary Islands) (stand. polyphenols (as chlorotannins), chlorella (Bulgarian <i>Chlorella vulgaris</i> ) (broken cell), cryptomonads (Asian), red kelp (Norwegian <i>Palmaria palmata</i> ), brown kelp (Norwegian <i>Laminaria digitata</i> ), ulva (Asian <i>Ulva rigida</i> & <i>Ulva fasciata</i> ), red seaweed (Irish <i>Lithothamnium calcareum</i> ), dulce (Mediterranean <i>Rhodomenia palmata</i> ), rockweed ( <i>Ascophyllum nodosum</i> ) |           |       |
| Bee Pollen (Spanish)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 100 mg†   |       |
| Sunflower Oil (supplying linoleic acid 54.1 mg, oleic acid 9.3 mg, palmitic acid 4.4 mg, stearic acid 2.2 mg)                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 70 mg†    |       |
| Bioflavonoids (from <i>Citrus limon</i> exocarp)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 60 mg†    |       |
| (active flavonols, flavonones, flavones & naringen 26 mg)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |           |       |
| Food Fiber Complex                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 50 mg†    |       |
| Proprietary Fiber Blend: apple pectin, arabinogalactan, modified citrus pectin, soluble oat bran                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |           |       |

| Amount Per Serving                                                                                                                                                                                                                                                                                                                                                                                                                                            |          |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|
| Black Currant Seed Oil                                                                                                                                                                                                                                                                                                                                                                                                                                        | 50 mg†   |
| Whole Food Wellness Complex                                                                                                                                                                                                                                                                                                                                                                                                                                   | 50 mg†   |
| Whole fruit concentrates 10X: apple, apricot, banana, camu-camu ( <i>Myrciaria dubia</i> ), cranberry, orange, peach, red raspberry, strawberry, tomato; concentrates 10X: alfalfa sprout, barley grass juice, beet greens, cabbage leaf, onion bulb, parsley leaf; concentrate 4X: celery seed; standardized extracts: papaya fruit, red grape ( <i>Vitis vinifera</i> ), broccoli floret, carrot root, garlic clove; standardized concentrate: spinach leaf |          |
| Bromelain (from pineapple fruit) (24 gelatin digesting units)                                                                                                                                                                                                                                                                                                                                                                                                 | 40 mg†   |
| Choline (as bitartrate)                                                                                                                                                                                                                                                                                                                                                                                                                                       | 30 mg†   |
| Inositol                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 30 mg†   |
| Quercetin (from <i>Sophora japonica</i> leaf)                                                                                                                                                                                                                                                                                                                                                                                                                 | 30 mg†   |
| Rutin (from <i>Sophora japonica</i> leaf)                                                                                                                                                                                                                                                                                                                                                                                                                     | 25 mg†   |
| Thione Complex™                                                                                                                                                                                                                                                                                                                                                                                                                                               | 25 mg†   |
| Proprietary Blend: glutathione, selenium (as selenomethionine), N-acetyl-cysteine and grape seed extract                                                                                                                                                                                                                                                                                                                                                      |          |
| Whole Food Antioxidants                                                                                                                                                                                                                                                                                                                                                                                                                                       | 25 mg†   |
| Proprietary Blend: milk thistle seed, Chinese green tea leaf (decaffeinated), turmeric rhizome, red wine ( <i>Vitis vinifera</i> fruit concentrate) (alcohol free), pau d'arco bark                                                                                                                                                                                                                                                                           |          |
| Whole Food Amino Acid Complex                                                                                                                                                                                                                                                                                                                                                                                                                                 | 25 mg†   |
| (from spirulina and isolated pea protein) – providing complete profile of critical essential and non-essential amino acids: isoleucine, histidine, leucine, arginine, lysine, aspartic acid, methionine, serine, cysteine, glutamic acid, threonine, proline, phenylalanine, glycine, tryptophan, alanine, valine and tyrosine                                                                                                                                |          |
| Betaine HCl                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 25 mg†   |
| RNA (ribonucleic acid)                                                                                                                                                                                                                                                                                                                                                                                                                                        | 21 mg†   |
| PABA (para-aminobenzoic acid)                                                                                                                                                                                                                                                                                                                                                                                                                                 | 15 mg†   |
| Hesperidin (from <i>Citrus limon</i> exocarp)                                                                                                                                                                                                                                                                                                                                                                                                                 | 10 mg†   |
| Whole Food Enzymes                                                                                                                                                                                                                                                                                                                                                                                                                                            | 10 mg†   |
| Proprietary Enzyme Complex: papain (papaya fruit), amylase ( <i>Aspergillus oryzae</i> ), lipase ( <i>A. oryzae</i> ), cellulase ( <i>A. niger</i> ), protease ( <i>A. oryzae</i> )                                                                                                                                                                                                                                                                           |          |
| Neurosyn                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 10 mg†   |
| <i>Ginkgo biloba</i> leaf (std. ginkgo flavone-glycosides), ginseng ( <i>Panax</i> ) (std. ginsenosides)                                                                                                                                                                                                                                                                                                                                                      |          |
| Source-70 (whole food based soluble mineral complex)                                                                                                                                                                                                                                                                                                                                                                                                          | 10 mg†   |
| Chlorophyll (from spirulina)                                                                                                                                                                                                                                                                                                                                                                                                                                  | 7.5 mg†  |
| DNA (deoxyribonucleic acid)                                                                                                                                                                                                                                                                                                                                                                                                                                   | 6 mg†    |
| Carotenoids                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 4 mg†    |
| Lutein (active carotenoid from marigold flower extract)‡                                                                                                                                                                                                                                                                                                                                                                                                      | 3 mg†    |
| Eriocitrin (from <i>Citrus limon</i> exocarp)                                                                                                                                                                                                                                                                                                                                                                                                                 | 3 mg†    |
| Boron (as citrate)                                                                                                                                                                                                                                                                                                                                                                                                                                            | 1 mg†    |
| Octacosanol                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 200 mcg† |

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, stearic acid, magnesium stearate, silica, astragalus root, young barley leaf, *Echinacea angustifolia* root, Irish moss (*Chondrus crispus*), thyme leaf, ligustrum berry, schisandra fruit, rice bran, rice bran, rice bran. Mineral aminoates are whole brown rice chelates.

Manufactured with LOVE ♥ by  
**Natural Organics Laboratories, Inc.**  
makers of **Nature's Plus**

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