

Essential to Good Health

Magnesium is vital for maintaining normal muscle and nerve function, supporting a steady heart rhythm, and helping to retain normal blood pressure. VitalMag uses a special gel-diffusion delivery system that is easy on the digestive system. Our proprietary blend includes three sources of elemental magnesium, potassium for heart health, and boron to support magnesium utilization.*

Gluten free.

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* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



DIRECTIONS: Take 1 tablet daily or as needed.

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% DV
Magnesium (as magnesium oxide, magnesium citrate, and magnesium gluconate)	200 mg	50%
Potassium (as potassium chloride)	99 mg	3%
Boron (as trace mineral protein hydrolysate)	0.7 mg	†

†Daily Value (DV) not established.

OTHER INGREDIENTS: HYDROXYPROPYL METHYLCELLULOSE, MICROCRYSTALLINE CELLULOSE, MODIFIED FOOD STARCH, HYDROXYLATED SOY LECITHIN, CARNAUBA WAX.

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