

## Promotes a Tranquil State of Mind\*

Shaklee Stress Relief Complex helps relax the body & mind and promotes alertness while enhancing the body's ability to adapt to stress.\* This blend of natural ingredients also helps blunt cortisol—a hormone produced during stress that affects long-term health.\*

Gluten free. No artificial flavors, sweeteners, colors, or preservatives added.

**Caution:** Not recommended for use by children. If pregnant or nursing, consult your physician prior to use.

NG375B

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

 **Shaklee**

**L-THEANINE,  
ASHWAGANDHA,  
BETA SITOSTEROL,  
& L-TYROSINE**

## STRESS RELIEF COMPLEX\*

*Dietary Supplement  
Helps Relieve  
Tension & Stress\**

**30 CAPLETS**



**DIRECTIONS:** Take 1 caplet daily.

## Supplement Facts

Serving Size: 1 Caplet

	Amount Per Serving	% Daily Value
L-Theanine	100 mg	†
Ashwagandha Root Extract ( <i>Withania somnifera</i> )	100 mg	†
Beta Sitosterol (from soybean phytosterols)	60 mg	†
L-Tyrosine (from sugar beet <i>Beta vulgaris</i> ) (root)	100 mg	†

†Daily Value not established.

**OTHER INGREDIENTS:** DICALCIUM PHOSPHATE, CROSCARMELOSE SODIUM.

Distributed by Shaklee Corporation  
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