



EXOS114PM
LEXOS114PM03



NSF Certified for Sport



Precision Nutrition
approved



SUPPLEMENT FACTS

Serving Size: Three Capsules

Servings Per Container: 30

Three Capsules Contain:		% DV	Three Capsules Contain:		% DV
Vitamin A (600 IU as Beta Carotene and 400 IU as Palmitate)	1,000 IU	20%	Copper (as Copper (II) Bisglycinate Chelate)	750 mcg	38%
Vitamin C (as Ascorbic Acid)	150 mg	250%	Manganese (as Manganese (II) Bisglycinate Chelate)	1.5 mg	75%
Vitamin D3 (as Cholecalciferol)	500 IU	125%	Chromium (as Chromium Nicotinate Glycinate Chelate)	200 mcg	167%
Vitamin E (as d-Alpha Tocopheryl Acid Succinate)	20 IU	67%	Molybdenum (as Molybdenum (II) Glycinate Chelate)	50 mcg	67%
Vitamin K (100 mcg as Vitamin K1 (Phylloquinone) and 100 mcg as Vitamin K2 (Menquinone-4))	200 mcg	250%	Proprietary Blend†	200 mg	**
Folate (as L-5-Methyltetrahydrofolate from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	400 mcg	100%	Magnolia officinalis (bark) extract		**
Biotin	500 mcg	167%	Phellodendron amurense (bark) extract		**
Calcium (as Calcium Bisglycinate Chelate)	50 mg	5%	Choline Citrate	100 mg	**
Iodine (as Potassium Iodide)	75 mcg	50%	d-Gamma Tocopherol (from Mixed Tocopherols)	24 mg	**
Magnesium (as Magnesium Bisglycinate Chelate)	107 mg	27%	Boron (as Bororganic™ Glycine)	2 mg	**
Zinc (as Zinc Bisglycinate Chelate)	20 mg	133%	Lutein (from Aztec Marigold extract (flower) (Tagetes erecta))	600 mcg	**
Selenium (as L-Selenomethionine)	100 mcg	143%			

**Daily Value (DV) not established.

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Calcium Laurate, Silicon Dioxide.

If pregnant or nursing, do not use this product; otherwise consult your health-care practitioner before using this product.

Tamper Evident: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

†This product uses Relora® (a proprietary blend of a patented† extract from *Magnolia officinalis* bark and a proprietary extract from *Phellodendron amurense* bark). Relora is a registered trademark of NPL, LLC. Its use in this product is protected by U.S. Patent No. 6,582,735. Gamma tocopherol does not have a recognized IU equivalent.

POWERED BY THORNE RESEARCH

EXOS[®]
PERFORMANCE NUTRITION



MULTI-VITAMIN
ELITE P.M.

FOUNDATION

DIETARY SUPPLEMENT 90 Vegetarian Capsules

SUGGESTED USE:
Take 3 capsules in the **evening** daily with a meal or as recommended by your health-care or performance professional.

EXOSfuel.com

Designed to support
better rest and recovery*

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured for:
THORNE RESEARCH, INC.,
P.O. BOX 25
DOVER, IDAHO 83825
1-800-228-1966