Suggested Usage: Take 2 chewable tablets 1 to 2 times daily as needed, preferably with juice or water on an empty stomach.

GABA (Gamma-Aminobutyric Acid) is a non-protein amino acid that functions as a neurotransmitter in the human brain.\* GABA is naturally produced in the body and its presence within the central nervous system may help promote relaxation and ease nervous tension.\* Delicious orange flavor NOW® Chewable GABA combines this naturally occurring neurotransmitter with the relaxing amino acids Taurine and Theanine for their comolementary functions.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Contains Xylitol, do not feed to pets.

Do Not Eat Freshness Packet. Keep in Bottle. Natural color variation may occur in this product.

Store in a cool, dry place after opening. Please Recycle.

CODE 0082C V3





Chewable

## GABA

Natural Neurotransmitter\*

- Promotes Relaxation\*
- Eases Nervous Tension\*
- Plus Taurine, Inositol and L-Theanine

90 Chewables

A Dietary Supplement Vegetarian/Vegan

## Amino Acids

Family owned since 1968

## **Supplement Facts**

Serving Size 2 Chewable Tablets Servings Per Container 45

	Amount Per Serving	% Dail Value
Calories	15	
Total Carbohydrate	4 g	1%*
Sugars	0 g	†
Sugar Alcohols (Xylitol and Sorbitol)	3 g	t
GABA (Gamma-Aminobutyric Acid)	500 mg	t
Taurine	100 mg	†
Inositol	80 mg	t
L-Theanine	20 mg	- t

\* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

rtner ingredients: Celiulose, Natural Orange Juice Prowder, Natura Javors, Stearic Acid (vegetable source), Magnesium Stearate egetable source), Citric Acid, Xanthan Gum, Beta-Carotene, Silica

Contains soy (oi

IOW FOODS, 395 S. Glen Ellyn Rd.

Not manufactured with wheat, gluten, milk, egg, fish, she or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

