

Other ingredients: Cellulose, gelatin (capsule), silica and vegetable stearate.

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

Manufactured in the USA by:
Douglas Laboratories • 600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com
1.800.245.4440

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, flavoring, or preservatives.

Suggested Usage: As a dietary supplement, adults take 1 pack daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN
For oral administration only. For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Formula #65391



Women's Health Pack

A Dietary Supplement



30 Packs

Supplement Facts

Serving Size 1 Pack (6 tablets / 1 capsule per pack) • Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A 12,500 IU	250%	Chromium 100 mcg	83%
(40% as Vitamin A Palmitate/ 60% as Beta-Carotene)		(Organically bound with GTF activity—low allergenicity)	
Vitamin C (Ascorbic Acid) 633 mg	1,055%	Molybdenum (from Molybdenum Krebs†) 50 mcg	67%
Vitamin D-3 1,766 IU	442%	Potassium 49.5 mg	1%
Vitamin E (as Vitamin E Succinate) 200 IU	667%	(from Potassium Aspartate Complex)	
Thiamine (as Thiamine HCl) 50 mg	3,333%		
Riboflavin 25 mg	1,470%	Choline (from Choline Citrate/Bitartrate) 30 mg	*
Niacin/Niacinamide 95 mg	475%	Inositol 50 mg	*
Vitamin B-6 50 mg	2,500%	Citrus Bioflavonoid Complex 50 mg	*
(as Pyridoxine HCl / Pyridoxal-5-Phosphate Complex)		PABA (para-Aminobenzoic Acid) 25 mg	*
Folate (as L-methylfolate, Metafolate®) 400 mcg	100%	Vanadium (from Vanadium Krebs†) 25 mcg	*
Vitamin B-12 (on Ion Exchange Resin) 50 mcg	833%	Boron 2.75 mg	*
Biotin 150 mcg	50%	(from Boron Aspartate/Citrate Complex)	
Pantothenic Acid (as d-Calcium Pantothenate) 250 mg	2,500%	Trace Elements (from Sea Vegetation) 50 mcg	*
Calcium 750 mg	75%	L-Cysteine/N-Acetyl-L-Cysteine 100 mg	*
(from Calcium Citrate/Gluconate/Carbonate/Lactate/ Ascorbate and Microcrystalline Hydroxyapatite Complex)		L-Methionine 6.3 mg	*
Iodine (from Kelp) 100 mcg	67%	Glutamic Acid (from Glutamic Acid HCl) 50 mg	*
Magnesium 500 mg	125%	Betaine (from Betaine HCl) 57 mg	*
(from Magnesium Aspartate/Chelate/Ascorbate Complex)		L-Lysine (from L-Lysine HCl) 19 mg	*
Zinc (from Zinc Amino Acid Chelate) 12.5 mg	83%	Coenzyme Q-10 60 mg	*
Selenium 100 mcg	143%	alpha-Lipoic Acid 50 mg	*
(Organic Selenium from Krebs† Cycle and Kelp)		Red Wine Proanthocyanidins (fruit) 5 mg	*
Manganese 10 mg	500%		
(from Manganese Aspartate Complex)			

*Daily Value not established.

