

Suggested Usage: Shake well before use.
Spray 1 time under tongue, hold for 20 seconds and then swallow. Consume 1 to 2 times daily.

Vitamin B-12 (Cyanocobalamin) is a water soluble vitamin necessary for the maintenance of a healthy nervous system and for the metabolic utilization of fats and proteins.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

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CODE 3910 V3



B-12

Liposomal Spray

Cardiovascular Health*

- 1,000 mcg B-12 per spray
- With Folic Acid, TMG and B-6
- Nerve Stability and Energy*

Net 2 fl. oz. (59 mL)

A Dietary Supplement Vegetarian/Vegan

Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Spray (~0.7 mL)
Servings Per Container ~84

	Amount Per Serving	% Daily Value
Vitamin B-6 (from Pyridoxine HCl)	5 mg	250%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	1 mg (1,000 mcg)	16,667%
Trimethylglycine (TMG) (as Betaine)	100 mg	†
Stevia Extract (Leaf)	3.5 mg	†

† Daily Value not established.

Other ingredients: De-ionized Water, Fructose, Natural Raspberry Flavor, Citric Acid, Phospholipids (soy) and Potassium Sorbate (as preservative).

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com
Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients.
Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Please Recycle.

