

***Helps Your Body Absorb
Beta Carotene and Vitamins
A, D, E, and K****

Lecithin is a natural compound that helps your body's ability to absorb and make use of fat-soluble nutrients, which are critical to a wide range of body functions.* The natural soy lecithin in each capsule contains linoleic acid, an essential fatty acid that our bodies cannot make; choline, a neurotransmitter component; and inositol, which plays a role in metabolic regulation.*

Gluten free. No artificial flavors, sweeteners, preservatives, or colors added.

Bottle has printed
seal under cap for
your protection.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD
& DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO
DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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 **Shaklee®**

**SOY
LECITHIN**

LECITHIN

Dietary Supplement

*Helps the Body Absorb
Fat-Soluble Nutrients**

180 CAPSULES



DIRECTIONS: Take 6 capsules daily.

Supplement Facts

Serving Size: 6 Capsules
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories	35	
Calories from Fat	30	
Total Fat	3 g	5%**
Trans Fat	0 g	
Total Carbohydrate	<1 g	<1%**
Protein	1 g	2%**
Phosphorus	60 mg	6%
Lecithin	3.1 g	†

**Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

OTHER INGREDIENTS: SOYBEAN OIL IN A GELATIN
CAPSULE (GELATIN, GLYCERIN, WATER).

Distributed by Shaklee Corporation
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