#### Pictured on this label is The Holy Mountain Arunachala in South India.

"You destroy the ego of those who meditate upon you in the Heart, O Arunachala."

Sri Ramana Marharshi

Joy!™ is defined as "a state of happiness experienced naturally." We lose this natural state of joy when we feel overwhelmed, stressed, tired and depleted. **Ioy!**™ uplifts mood, boosts energy and vitality, and reduces emotional tension and stress so you can experience your true natural state of peace and happiness.\*

Suggested Use: 1 capsule once a day with food and water. Safe for long term use.

### Safe for Vegans and Vegetarians • Gluten Free

Do Not Use if Pregnant or Nursing without Consulting a Physician.

\*This statement has not been evaluated by the FDA: This product is not intended to diagnose, treat, cure, or prevent any disease. USOI1403A





## **UPLIFTS MOOD**

HFRBAL

made with **Certified Organic** Herbs



# Supplement Facts

Serving Size 1 Capsule Servings Per Container 90

#### **Amount Per Serving**

Organic Bacopa/brahmi leaves (Bacopa monnieri) 202mg Organic Gotu Kola aerial parts (Centella asiatica) 45mg\* Organic Shankpushpi whole herb (Convolvulus pluricaulis) 30 mg\* Organic Ashwagandha root (Withania somnifera) 23mg\* \*Daily Value not established

Other Ingredients: Vegetable cellulose (capsule)

Mfg.Lic.No.A-2755 CII Cert No. 801983 Herbs Certified Organic by Control Union PRODUCT OF INDIA DISTRIBUTED BY: ORGANIC INDIA, USA BOULDER, CO 80301 USA 1-888-550-8332

