Pictured on this label is The Holy Mountain Arunachala in South India.

"So great is the power of this Hill that the very sight of it cleansed my heart and destroyed my ego." Sri Ramana Marharshi

Trikatu, made from Long Pepper, Ginger and Black Pepper, is traditionally used to support digestion and the overall gastric function. It stimulates digestive enzymes and promotes rapid absorption of nutrients, while optimizing metabolic function. Trikatu's pungent qualities clear excess mucus from the body, which aid digestion & support respiratory functions.*

Suggested Use: 1 capsule 2 times a day with food and water. Safe for long term use.

Safe for Vegans and Vegetarians • Gluten Free Do Not Use if Pregnant or Nursing without Consulting a Physician.

*This statement has not been evaluated by the FDA; This product is not intended to diagnose, treat, cure, or prevent any disease. USOI1403A





Trikatu

DIGESTIVE & METABOLIC SUPPORT

HFRBAL SUPPLEMENT 90 VFG CAPSULFS

made with **Certified Organic** Herbs



Supplement Facts

Serving Size 1 Capsule Servings Per Container 90 Amount Per Serving Organic Long Pepper fruit (Piper longum) 110mg 110mg* Organic Black Pepper seed (Piper nigrum) Organic Ginger rhizome (Zingiber officingle) 110mg

Other Ingredients: Vegetable cellulose (capsule) Not recommended for people with acid reflux or hyperacidity.

*Daily Value not established

Mfg.Lic.No.A-2755 CII Cert No. 801983







Herbs Certified Organic by Control Union

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