#### Pictured on this label is The Holy Mountain Arunachala in South India.

"So great is the power of this Hill that the very sight of it cleansed my heart and destroyed my ego."

Sri Ramana Marharshi

**Shatavari** is the herb that is traditionally taken throughout a women's life, and has been time-tested from the onset of menstruation (puberty) through all phases of menopause. **Shatavari** provides safe and natural phyto-estrogens (plant based), which support and promote normal and healthy hormonal and reproductive functions.\*

Suggested Use: 1 capsule 2 times a day with food and water.
Safe for long term use.

### Safe for Vegans and Vegetarians • Gluten Free

Do Not Use if Pregnant or Nursing without Consulting a Physician.

\*This statement has not been evaluated by the FDA; This product is not intended to diagnose, treat, cure, or prevent any disease.





# Shatavari

# HORMONAL BALANCE

HERBAL SUPPLEMENT 90 VEG CAPSULES made with Certified Organic Herbs



## Supplement Facts

Serving Size 1 Capsule Servings Per Container 90

Amount Per Serving
†Organic Shatavari root (Asparagus racemosus) 400mg

\*Daily Value not established

Other Ingredients: Vegetable cellulose (capsule)



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