Pictured on this label is The Holy Mountain Arunachala in South India.

"It is said that Liberation is assured for those who merely think of Arunachala."

Sri Ramana Marharshi

Peaceful Sleep supports sound and refreshing sleep by naturally rejuvenating and calming the nervous system. Peaceful Sleep helps relieve stress and tiredness while supporting a natural, comfortable and restorative sleep. Peaceful Sleep will help you wake up refreshed and revitalized, not exhausted!*

> Suggested Use: 1 capsule before bed with water. Safe for long term use.

Safe for Vegans and Vegetarians • Gluten Free Do Not Use if Pregnant or Nursing without Consulting a Physician.

*This statement has not been evaluated by the FDA; This product is not intended to diagnose, treat, cure, or prevent any disease.

USOI1403A





Peaceful Sleep

BALANCES SLEEP CYCLES

HERBAL SUPPLEMENT 90 VEG CAPSULES

made with Certified Organic Herbs



Supplement Facts

Serving Size 1 Capsule Servings Per Container 90

Amount Per Serving

*Daily Value not established

Organic Gotu Kola aerial parts (Centella asiatica) 212mg Organic Ashwagandha root (Withania somnifera) 85mg Organic Krishna Tulsi leaf (Ocimum sanctum) 43mg

Other Ingredients: Vegetable cellulose (capsule)



PRODUCT OF INDIA

Kamta, P.O.Chinhat, Lucknow-226028, U.P. INDIA

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