For Occasional Periods of Irregularity*

Herb-Lax, an herbal laxative supplement. encourages a mild cleansing action to aid the body's natural processes.* It helps relieve occasional constipation, generally within six to 12 hours.* WARNINGS: Ask a doctor before use if you are

pregnant or nursing; have nausea, abdominal pain, vomiting, or a sudden change in bowel habits that lasts over a period of two weeks: or if you are taking any drug. Take this product two or more hours before or after any drug. Laxatives may affect how drugs work. Stop use and ask a doctor if rectal bleeding or failure to have a howel movement occurs after use of this product, which may indicate a serious condition, or if you need to use a laxative for more than one week. Keep out of reach of children. In case of overdose, get medical help or contact a poison control center immediately.

No artificial flavors. sweeteners, colors, or preservatives added. Bottle has printed seal under cap for your



HFRB-LAX®

Dietary Supplement

For Occasional Irregularity*

240 TABLETS

DIRECTIONS: Adults and children 12 years of age and over; 4 tablets once or twice a day. Children under 12 years: consult a doctor.

Serving Size: 4 Tablets Servings Per Container: 60

	Amount Per Serving	% DV
Calories	10	
Total Carbohydrate	2 g	<1%**
Dietary Fiber	1 g	4%
Calcium	20 mg	2%
Iron	0.36 mg	2%

total sennosides). Licorice root powder (Glycyrrhiza glabra), Buckthorn bark

powder (Rhamnus frangula), Alfalfa leaf powder (Medicago sativa), Fennel seed powder (Foeniculum vulgare), Anise seed powder (Pimpinella anisum), Rhubarb root powder (Rheum palmatum), Blue malva flower powder (Malva svivestris), Culver's root powder (Veronicastrum virginicum).

**Percent Daily Values (DV) are based on a 2 000 calorie diet.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, CROSCARMELLOS SODIUM, CORN SYRUP SOLIDS, KARAYA GUM, MALT AND BARLEY EXTRACT.



