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SUGGESTED USE
 SHAKE WELL BEFORE USING
 Add 1 full squeeze of the dropper bulb
 to 2 oz. of water or juice, 2 or 3 times
 per day. Best taken between meals.
Caution: Seek expert medical advice
 before taking during pregnancy.
 Keep Out of the Reach of Children
 Store away from heat & light

010

whole root
ASHWAGANDHA
 ENERGY & VITALITY*



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

**Ashwagandha Liquid Extract****Supplement Facts**

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving

% DV

Ashwagandha root

†

(Withania somnifera) Ⓢ extract 626 mg Ⓢ

† Daily Value (DV) not established

Other Ingredients: certified organic cane
 alcohol (61-71%) & distilled water. **Non-GMO
 & Gluten-Free**

Ⓢ Certified Organic

Ⓢ Equivalent to approx. 175 mg of herb.

Dry herb / menstruum ratio: 1 : 4

HERB PHARM • WILLIAMS, OR 97544**800-348-4372 • www.herb-pharm.com**

Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT
 IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.