

Recharge Your Life – Step Up To The Gold!

Nature's Plus®
The Energy Supplements®

Source of Life®
GOLD



Mini-Tabs
The Ultimate Multi-Vitamin Supplement
with Concentrated Whole Foods

**Guaranteed
Burst of Energy®**

With Açai, Resveratrol, Vit. D3, Vit. K2,
CoQ10 And Over 120 Whole Foods!

**GLUTEN
Free**

Vegetarian • Hypo-Allergenic • 180 Tablets

*Nutritional Support for Free Radical Defense,
Natural Energy Production and Overall Well-Being.**

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

DIRECTIONS: As a dietary supplement, six tablets once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Supplement Facts

Serving Size 6 Tablets	Servings Per Container 30
Amount Per Serving	%DV
Calories	5
Protein	1 g
Vitamin A (as beta carotene; from spirulina and <i>Dunaliella salina</i> ; beta carotene, alpha carotene, cryptoxanthin, zeaxanthin, lutein)	15,000 IU300%
Vitamin C (as ascorbic acid; esterified C [ascorbic palmitate]; naturally occurring from Organic Gold Standard††)	1010 mg1683%
Vitamin D3 (as cholecalciferol)	1000 IU250%
Vitamin E (as d-alpha tocopheryl succinate)	250 IU833%
Vitamin K2 (as menaquinone-4 and menaquinone-7)	100 mcg125%
Thiamin (as thiamine HCl; naturally occurring from Organic Gold Standard††)	30 mg2000%
Riboflavin (as riboflavin; naturally occurring from Organic Gold Standard††)	30 mg1764%
Niacin (as niacinamide; naturally occurring from Organic Gold Standard††)	125 mg625%
Vitamin B6 (as pyridoxine HCl; naturally occurring from Organic Gold Standard††)	30 mg1500%
Folic Acid (as folic acid; naturally occurring from Organic Gold Standard††)	425 mcg106%
Vitamin B12 (as cyanocobalamin)	1000 mcg16,667%
Biotin	300 mcg100%
Pantothenic Acid (as calcium pantothenate; naturally occurring from Organic Gold Standard††)	125 mg1250%
Calcium (as organic chelates from <i>Spirulina platensis</i> , <i>D. salina</i> ; complex)	250 mg25%
Iodine (from kelp, potassium iodide)	150 mcg100%
Magnesium (as aminoate** complex)	125 mg31%
Zinc (as aminoate** complex, picolinate)	15 mg100%
Selenium (as aminoate** complex)	70 mcg100%
Copper (chlorophyllin; as aminoate** complex)	4.5 mg225%
Manganese (as aminoate** complex)	4 mg200%
Chromium (as aminoate** complex)	120 mcg100%
Potassium (as aminoate** complex; naturally occurring from spirulina)	60 mg2%

Whole Food PhytoAlgae & Organic Mushroom Blend††800 mg†
(Std. 15% [120 mg] phycocyanins, 0.1% [800 mcg] zeaxanthin, 1% [8 mg] chlorophyll) – Proprietary complex of spirulina, Phenalgin™ (std. polyphenols calc. as phlorotannins), chlorella, cryptomonads, red kelp, brown kelp, ulva, red seaweed (Irish moss), dulse, rockweed; Mushrooms: wood ear, cordyceps, maitake, shiitake, oyster mushroom, white wood ear

Multi Color Whole Food Blend††:725 mg†
††Organic Gold Standard Whole Food Complex (guava, holy basil, lemon, amla fruit) (standardized naturally occurring B complex and vitamin C)

Energyizing and Cleansing Green Whole Food Blend (300 mg)
Cooked whole brown rice, spirulina, fructooligosaccharides (FOS), bee pollen, camu-camu, alfalfa sprout, barley grass juice, beet greens, cabbage, parsley, celery seed, papaya, broccoli, spinach, milk thistle, Chinese green tea leaf (decaffeinated), turmeric, Korean ginseng, astragalus, *Echinacea purpurea*, thyme, ligustrum berry, rice bran

Strength and Endurance White Whole Food Blend (120 mg)
White nectarine, white peach, white fig, date, banana, potato, white pear, white tea, jicama, Jerusalem artichoke, parsnip, turnip, cauliflower, ginger, kohlrabi, shallot, garlic, onion, lemon, oat bran, citrus pectin

Amount Per Serving

Defense and Repair Yellow Whole Food Blend (115 mg)
Carrot, mango, grapefruit, yellow apple, pear, honeydew melon, pineapple, yellow squash, golden kiwi, nectarine, yellow watermelon, pumpkin, butternut squash, yellow fig, cantaloupe, yellow beet, rutabaga, tangerine, yellow pepper, marigold flower

Brain Support Blue Whole Food Blend (55 mg)
Black currant extract, lowbush blueberry, blackberry, elderberry, lingonberry extract, scholar tree bud extract, plum, black cherry extract, purple fig, passion fruit, purple kale, rhubarb, purple grape, beet, radicchio, pomegranate extract, purple onion, wolfberry (goji), açai, grape seed extract

Anti-Aging Red Whole Food Blend (65 mg)
Noni, mangosteen, apple, apricot, cranberry, orange, peach, red raspberry, gooseberry, strawberry, tomato, red grape, red wine (alcohol free), black raspberry, bilberry, highbush blueberry, schisandra, fenugreek, watermelon

Amino Acids (from spirulina, Whole Food PhytoAlgae, chia . . . 510 mg† and mineral aminoates) (isoleucine, histidine, leucine, arginine, lysine, aspartic acid, methionine, serine, cysteine, glutamic acid, threonine, proline, phenylalanine, glycine, tryptophan, alanine, valine, tyrosine, glutamine, aspartate)

Whole Food Omega Fatty Acid Blend – supplying 85 mg of . . . 200 mg†
Omega-3, Omega-9, and other healthful fatty acids (from chia, spirulina, sunflower seed, black currant, borage and flax)

Enzyme Blend: Bromelain (from pineapple) (80 gelatin digesting units), amylase†, lipase†, papain (from papaya), betaine HCl, lactase†, protease†, cellulase†, Activeness® (cellulase, pectinase, hemicellulase and xylanase) †from brown rice fermentation

Anti-Aging Blend: Alpha-lipoic acid, R-lipoic acid, MSM, . . . 50 mg† glutathione, NAC, turmeric (std. curcumin), grape (*Vitis vinifera*) seed extract (std. proanthocyanidins)

Trans-Resveratrol (from standardized extracts of 50 mg†
Polygonum cuspidatum root, grape seed [*Vitis vinifera*], red wine concentrate [alcohol free] [*Vitis vinifera* fruit])

Coenzyme Q10 (pharmaceutical grade) 50 mg†

Inositol 50 mg†

Bioflavonoids (from *Citrus*) (active flavonols, flavonones, flavones & naringin 13 mg) **30 mg†**, **Whole Food Fiber Complex:** Apple pectin, arabinogalactan, modified citrus pectin, soluble oat bran, flax **30 mg†**, Choline (as bitartrate) **30 mg†**, Korean Ginseng Root (*Panax ginseng*) **25 mg†**, PABA (para-aminobenzoic acid) **25 mg†**, RNA (ribonucleic acid) (from spirulina) **24 mg†**, Quercetin (from *Sophora japonica* & *Dimorphandra mollis*) **10 mg†**, **Trace Mineral Complex** (soluble prehistoric plant-based minerals and rare earth elements) **10 mg†**, DNA (deoxyribonucleic acid) (from spirulina) **8 mg†**, Chlorophyll (from spirulina) **7.5 mg†**, Rutin (from *Spirulina japonica* leaf) **5 mg†**, Hesperidin (from *Citrus*) **5 mg†**, Carotenoids (from whole foods) **4 mg†**, Lutein (from marigold) **3 mg†**, Eriocitrin (from *Citrus*) **3 mg†**, Lycopene (from tomato) **2.5 mg†**

Full Spectrum Probiotic Blend (28 million viable cells 2 mg† at time of manufacture) – supplying *Lactobacillus acidophilus*, FOS (fructooligosaccharides), *L. plantarum*, *L. casei*, *L. bulgaricus*, *L. brevis*, *L. rhamnosus*, *L. lactis*, *Bifidobacterium lactis*, *B. bifidum*, *L. sporogenes* (*B. coagulans*), *S. salivarius* K12, *S. salivarius* M18

Boron (as citrate)1 mg†

Octacosanol200 mcg†

† Daily Value (DV) not established.
†† See Multi Color Whole Food Blend.

**Whole brown rice chelate

††For details, visit www.naturesplus.com.

Other ingredients: Microcrystalline cellulose, stearic acid, magnesium stearate, silica and pharmaceutical glaze.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
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PRODUCT NO. 30714



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