

Supplement Facts continued from previous panel...

Feminine Complex with BlemiShield™ – Cranberry 110 mg †
 (Vaccinium macrocarpon), Fenugreek (*Trigonella foenum-graecum* seed extract) (standardized galactomannan), Yam (*Dioscorea spp.* tuber), *S. salivarius* M18, *S. salivarius* K12 (1 billion viable cells at time of manufacture)
Lemon Bioflavonoid Complex (from *Citrus limon* fruit) . . . 40 mg †

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
 † Daily Value not established.

Other ingredients: Natural flavors, citric acid, magnesium stearate, guar gum, magnesium oxide, stevia, zinc oxide, potassium citrate, natural color, rose hips (*Rosa canina* fruit), whole brown rice, papaya, carrot, mango fruit, spinach, broccoli, spirulina (naturally rich in essential nutrients), West Indian cherry (*Malpighia glabra* fruit), inositol, choline, maltodextrin, tri-calcium phosphate, malic acid, magnesium hydroxide, silica. Mineral aminoates are whole brown rice chelates.

DIRECTIONS: As a dietary supplement for young women, two tablets once daily. **VEGETARIAN • HYPO-ALLERGENIC**
KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

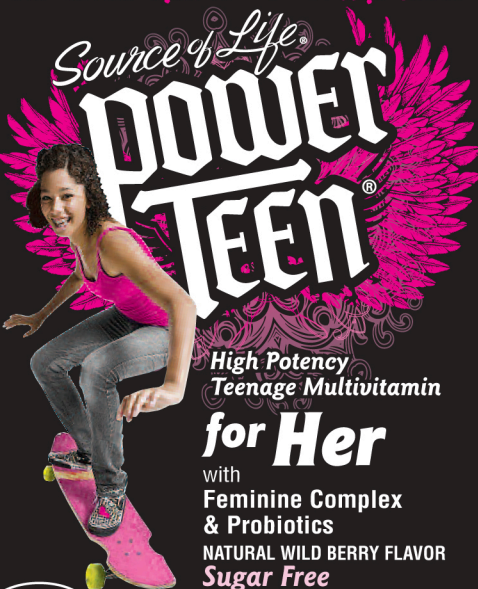
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PRODUCT NO. 30004



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Nature's Plus® The Energy Supplements.



60 Chewable Tablets

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

Supplement Facts

Serving Size 2 Chewable Tablets Servings Per Container 30

	Amount Per Serving	% DV
Calories	5	
Total Carbohydrate	3g	1%*
Xylitol	3g	†
Vitamin A (as beta carotene)	5,000 IU	100%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D3 (as cholecalciferol)	500 IU	125%
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	100%
Vitamin K2	80 mcg	100%
Thiamin (vitamin B1) (as thiamine HCl)	1.9 mg	125%
Riboflavin (vitamin B2)	2.1 mg	125%
Niacin (as niacinamide)	25 mg	125%
Vitamin B6 (as pyridoxine HCl)	2.5 mg	125%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	7.5 mcg	125%
Biotin	63 mcg	21%
Pantothenic Acid (as calcium pantothenate)	12.5 mg	125%
Calcium (as di-calcium phosphate; aminoate complex)	100 mg	10%
Iron (as fumarate; aminoate complex)	9 mg	50%
Magnesium (as aminoate complex)	10 mg	3%
Zinc (as aminoate complex)	15 mg	100%
Selenium (as aminoate complex)	35 mcg	50%
Copper (as aminoate complex)	1 mg	50%
Manganese (as gluconate)	1 mg	50%
Chromium (as sodium molybdate)	60 mcg	50%
Molybdenum (as sodium molybdate)	37.5 mcg	50%
Potassium (as aminoate complex)	1.4 mg	<1%

Supplement Facts continue on next panel...

LBL: 1133000