

The Perfect Multivitamin

Vita-Lea Men is a high potency formulation specially designed to support the unique needs of men. Promotes:

- Heart health
- Immune health
- Physical energy
- Healthy muscle function
- Joint health
- Normal blood pressure

23 Essential Vitamins and Minerals

Each serving delivers 100% or more of the Daily Value of all vitamins, including twice the Daily Value of vitamins C, D, and E—plus more beta carotene for increased antioxidant protection.

Based on 7 Clinicals

Vita-Lea features a patented microcoating system to enhance absorption of folic acid.

Gluten free. No artificial flavors, sweeteners, colors, or preservatives added. Contains vitamin K.

Bottle has printed seal under cap for your protection.

U.S. Patent No. 6,465,013

NG427A



**MULTIVITAMIN
& MULTIMINERAL**

**Based on
7 Clinical
Studies**

HIGH POTENCY

**VITA-LEA®
MEN**

240 TABLETS

DIETARY SUPPLEMENT



DIRECTIONS: Take 2 tablets daily.

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 120

	Amount Per Serving	% DV		Amount Per Serving	% DV
Total Carbohydrate	<1 g	<1%*	Iodine (as potassium iodide and sea kelp)	150 mcg	100%
Vitamin A (70% as beta carotene from <i>Blakeslea trispora</i> and 30% as vitamin A acetate)	5,000 IU	100%	Magnesium (as magnesium oxide)	225 mg	56%
Vitamin C (as ascorbic acid)	120 mg	200%	Zinc (as zinc gluconate)	15 mg	100%
Vitamin D ₃ (as cholecalciferol)	800 IU	200%	Selenium (as trace mineral protein hydrolysate)	70 mcg	100%
Vitamin E (as d-alpha-tocopheryl succinate and mixed tocopherols)	60 IU	200%	Copper (as copper gluconate)	1 mg	50%
Vitamin K (as phytonadione)	100 mcg	125%	Manganese (as manganese gluconate)	2 mg	100%
Thiamin (as thiamine mononitrate)	1.5 mg	100%	Chromium (as trace mineral protein hydrolysate)	120 mcg	100%
Riboflavin	1.7 mg	100%	Molybdenum (as trace mineral protein hydrolysate)	75 mcg	100%
Niacin (as niacinamide)	20 mg	100%	Sodium	5 mg	<1%
Vitamin B ₆ (as pyridoxine hydrochloride)	2 mg	100%	Nickel (as trace mineral protein hydrolysate)	15 mcg	†
Folate (as folic acid)	400 mcg	100%	Tin (as trace mineral protein hydrolysate)	10 mcg	†
Vitamin B ₁₂ (as cyanocobalamin)	6 mcg	100%	Vanadium (as trace mineral protein hydrolysate)	20 mcg	†
Biotin (as d-biotin)	300 mcg	100%	Boron (as trace mineral protein hydrolysate)	1 mg	†
Pantothenic Acid (as d-calcium pantothenate)	10 mg	100%	Silicon (as silicon dioxide)	2 mg	†
Calcium (as dicalcium phosphate)	450 mg	45%			
Phosphorus (as dicalcium phosphate)	350 mg	35%			

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, HYDROXYPROPYL METHYLCELLULOSE, CROSCARMELLOSE SODIUM, SPIRULINA, INOSITOL, CHOLINE BITARTRATE, ALFALFA POWDER, GRAPEFRUIT BIOFLAVONOID, HESPERIDIN COMPLEX, LEMON BIOFLAVONOID, ORANGE BIOFLAVONOID, RICE BRAN POWDER, ROSE HIPS POWDER, ACEROLA EXTRACT, HYDROXYLATED SOY LECITHIN, CARNAUBA WAX.

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