The Perfect Multivitamin

Vita-Lea Men is a high potency formulation specially designed to support the unique needs of men. Promotes:

- · Heart health
 - · Healthy muscle function
- · Immune health · Joint health Physical energy
 - Normal blood pressure

23 Essential Vitamins and Minerals

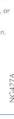
Each serving delivers 100% or more of the Daily Value of all vitamins, including twice the Daily Value of vitamins C, D, and E-plus more beta carotene for increased antioxidant protection.

Based on 7 Clinicals

Vita-Lea features a patented microcoating system to enhance absorption of folic acid.

Gluten free. No artificial flavors, sweeteners, colors, or preservatives added. Contains vitamin K.

Bottle has printed seal under cap for your protection. U.S. Patent No. 6,465,013





DIRECTIONS: Take 2 tablets daily.

Supplement Facts

Serving Size: 2 Tablets Servings Per Container: 120

Am	ount Per Serving	ing % DV	Amount Per Serving		g %
Total Carbohydrate	<1 g	<1%*	lodine (as potassium iodide and sea kelp)	150 mcg	10
Vitamin A (70% as beta carotene from Blakeslea trispora and 30% as vitamin A acetate)	5,000 IU	100%	Magnesium (as magnesium oxide) Zinc (as zinc gluconate)	225 mg 15 mg	56
Vitamin C (as ascorbic acid)	120 mg	200%	Setenium (as trace mineral protein hydrolysate) Copper (as copper gluconate) Manganese (as manganese gluconate) Chromium (as trace mineral protein hydrolysate) Molybdenum (as trace mineral protein hydrolysate) Sodium	70 mcg	11
Vitamin D ₃ (as cholecalciferol)	800 IU	200%		1 mg	5
Vitamin E (as d-alpha-tocopheryl succinate and mixed tochopherols)	60 IU	200%		2 mg	1
Vitamin K (as phytonadione)	100 mcg	125%			10
Thiamin (as thiamine mononitrate)	1.5 mg	100%			<
Riboflavin	1.7 mg	100%		5 mg	<
Niacin (as niacinamide)	20 mg	100%	Nickel (as trace mineral protein hydrolysate) Tin (as trace mineral protein hydrolysate) Vanadium (as trace mineral protein hydrolysate) Boron (as trace mineral protein hydrolysate) Silicon (as silicon dioxide)	15 mcg	
Vitamin B ₆ (as pyridoxine hydrochloride)	2 mg	100%		10 mcg	1
Folate (as folic acid)	400 mcg	100%		20 mcg	1
Vitamin B ₁₂ (as cyanocobalamin)	6 mcg	100%		1 mg	1
Biotin (as d-biotin)	300 mcg	100%		2 mg	1
Pantothenic Acid (as d-calcium pantothenate)	10 mg	100%	*Percent Daily Values (DV) are based on a 2,000 calorie diet.		
Calcium (as dicalcium phosphate)	450 mg	45%	†Daily Value not established.		
Phosphorus (as dicalcium phosphate)	350 mg	35%			

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, HYDROXYPROPYL METHYLCELLULOSE, CROSCARMELLOSE SODIUM, SPIRULINA, INOSITOL, CHOLINE BITARTRATE, ALFALFA POWDER, GRAPEFRUIT BIOFLAVONOID, HESPERIDIN COMPLEX, LEMON BIOFLAVONOID, ORANGE BIOFLAVONOID, RICE BRAN POWDER, ROSE HIPS POWDER, ACEROLA EXTRACT, HYDROXYLATED SOY LECITHIN, CARNAUBA WAX

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