## The Perfect Multivitamin

Vita-Lea Men is a high potency formulation specially designed to support the unique needs of men. Promotes:

- Heart health
   Healthy muscle function
- Immune health
   Physical energy
   Normal blood pressure
- 23 Essential Vitamins and Minerals

Each serving delivers 100% or more of the Daily Value of all vitamins, including twice the Daily Value of vitamins C, D, and E—plus more beta carotene for increased antioxidant protection.

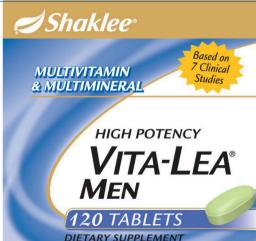
## Based on 7 Clinicals

Vita-Lea features a patented microcoating system to enhance absorption of folic acid.

Gluten free. No artificial flavors, sweeteners, colors, or preservatives added. Contains vitamin K.

Bottle has printed seal under cap for your protection.

U.S. Patent No. 6,465,013



**DIRECTIONS:** Take 2 tablets daily.

## Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 60					
Amount	Per Serving	% DV <1%*	Amount Per Serving		% D!
Total Carbohydrate	<1 g		Phosphorus (as dicalcium phosphate)	350 mg	35%
Vitamin A (70% as beta carotene from Blakeslea	5,000 IU	100%	lodine (as potassium iodide and sea kelp)	150 mcg	1004
trispora and 30% as vitamin A acetate)			Magnesium (as magnesium oxide)	225 mg	56%
Vitamin C (as ascorbic acid)	120 mg	200%	Zinc (as zinc gluconate)	15 mg	1004
Vitamin D <sub>3</sub> (as cholecalciferol)	800 IU	200%	Selenium (as trace mineral protein hydrolysate)	70 mcg	1004
Vitamin E (as d-alpha-tocopheryl succinate	60 IU	200%	Copper (as copper gluconate)	1 mg	50%
and mixed tocopherols)			Manganese (as manganese gluconate)	2 mg	1004
Vitamin K (as phytonadione)	100 mcg	125%	Chromium (as trace mineral protein hydrolysate)	120 mcg	1004
Thiamin (as thiamine mononitrate)	1.5 mg	100%	Molybdenum (as trace mineral protein hydrolysate)	75 mcg	1004
Riboflavin	1.7 mg	100%	Sodium	5 mg	<1%
Niacin (as niacinamide)	20 mg	100%	Nickel (as trace mineral protein hydrolysate)	15 mcg	+
Vitamin B <sub>6</sub> (as pyridoxine hydrochloride)	2 mg	100%	Tin (as trace mineral protein hydrolysate)	10 mcg	+
Folate (as folic acid)	400 mcg	100%	Vanadium (as trace mineral protein hydrolysate)	20 mcg	+
Vitamin B <sub>12</sub> (as cyanocobalamin)	6 mcg	100%	Boron (as trace mineral protein hydrolysate)	1 mg	+
Biotin (as d-biotin)	300 mcg	100%	Silicon (as silicon dioxide)	2 mg	+
Pantothenic Acid (as d-calcium pantothenate)	10 mg	100%	*Percent Daily Values (DV) are based on a 2,000 calorie diet.		
Calcium (as dicalcium phosphate)	450 mg	45%	†Daily Value not established		

OTHER MIGREDIENTS MICROCRYSTALING CELLUIOSE, HYDROXYPROPIC METHYCELLUIOSE, CRISSCARMELLOSE SODIUM, SPRIULIMA MOSITOL. CHOLUIGE BITARTETA L'ALTALA POWDER, GRAPEFRICIT IGENCAVOOR). ESPERDIO COMPACE, LENDAN DISCLAVIONO, DRANGE BIGFLAVIONOID, RICE BRAIN POWDER, ROSE HIPS POWDER, ACEROLA EXTRACT, HYDROXYLATED SOY LEOTHIN, CARNAUBA WAX.

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