

Suggested Usage: Take 1/4 teaspoon 1 to 4 times daily with food. For topical use, gently massage a few drops into the skin, paying close attention to dry, rough or scarred skin.

This Mixed Tocopherol Vitamin E Oil is in its natural and unesterified form. Vitamin E is a major antioxidant and the primary defense against lipid peroxidation.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Some scientific evidence suggests that consumption of antioxidant vitamins may reduce the risk of certain forms of cancer. However, FDA has determined that this evidence is limited and not conclusive.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

CODE 0930 V5



7 33739 00930 2



Natural E-Oil

Antioxidant Protection*

With Mixed Tocopherols

Net 4 fl. oz. (118 mL)

A Dietary Supplement Vegetarian/Vegan

Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1/4 Teaspoon (1.23 mL) (1.05 g)
Servings Per Container about 96

	Amount Per Serving	% Daily Value
Calories	5	
Vitamin E (as d-alpha Tocopherol plus Mixed Tocopherols)	87 IU	290%

Other ingredient: Organic Extra Virgin Olive Oil.

Contains soy.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry, dark place after opening.

Please Recycle.

