

Suggested Usage: Take 1 softgel daily with a meal.

Vitamin E is a major antioxidant and the body's primary defense against lipid peroxidation.*
Selenium is an essential trace mineral that has been included as a complement to Vitamin E.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Some scientific evidence suggests that consumption of antioxidant vitamins may reduce the risk of certain forms of cancer. However, FDA has determined that this evidence is limited and not conclusive.

Selenium may reduce the risk of certain cancers. Some scientific evidence suggests that consumption of selenium may reduce the risk of certain forms of cancer. However, FDA has determined that this evidence is limited and not conclusive.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

Please Recycle.

SOFTGEL
SIZE

CODE 0906 V10



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Natural E-400

Antioxidant Protection*

- d-alpha with Mixed Tocopherols
- Plus 100 mcg of Selenium

100 Softgels

A Dietary Supplement

Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin E (as unesterified d-alpha Tocopherol)	400 IU	1333%
Selenium (from Selenium Yeast)	100 mcg	143%
Natural Mixed Tocopherols (d-beta, d-gamma, d-delta)	48 mg	†

† Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water, carob), Soybean Oil, Beeswax and Soy Lecithin.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Contains no titanium dioxide. Separation and color variation in the softgel may occur. This is natural and doesn't affect product quality.

