

Promotes Colon Health, Digestion, and Regularity*

Clinical studies show the importance of sufficient dietary fiber intake. The insoluble fiber in Shaklee Fiber Plan Tablets promotes colon health, digestion, and regularity by speeding up the rate at which food passes through the digestive tract.* The typical American consumes only about half the daily amount of fiber recommended by the FDA, which is 25 grams of fiber daily for a 2,000 calorie diet. Shaklee Fiber Plan Tablets are easy to take and provide fiber from five natural sources: oranges, grapefruits, soybeans, beets, and lemons.

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Gluten free. No artificial flavors, sweeteners, colors, or preservatives added.

Bottle has printed seal under cap for your protection.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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 **Shaklee®**

**PROMOTES COLON
HEALTH, DIGESTION,
& REGULARITY***

**Shaklee
FIBER PLAN®
TABLETS**

Dietary Supplement

75 TABLETS



DIRECTIONS: Take 5 tablets with a full glass of water at mealtime to add extra fiber to your diet.

Supplement Facts

Serving Size: 5 Tablets

Servings Per Container: 15

	Amount Per Serving	% DV
Calories	5	
Total Fat	0 g	0%**
Cholesterol	0 g	0%
Total Carbohydrate	4 g	1%**
Dietary Fiber	3 g	12%**
Sodium	15 mg	<1%

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

OTHER INGREDIENTS: SOY FIBER, CITRUS FIBER BLEND (LEMON POWDER, ORANGE POWDER, GRAPEFRUIT POWDER), MICROCRYSTALLINE CELLULOSE, BEET FIBER, HYDROXYPROPYL METHYLCELLULOSE, HYDROXYLATED SOY LECITHIN.

Distributed by Shaklee Corporation
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 **Shaklee®**



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