

DIRECTIONS: Adults, take two tablets daily as a dietary supplement.

Usó Sugerido: Adultos, tomar (1) una tableta diaria como suplemento dietético.

Maintain in a cool and dry place.

This product does not contain sugar, starch, salt or preservatives.

Do not use if safety seal is broken or missing.

KEEP OUT OF REACH OF CHILDREN.

MADE IN U.S.A.
www.sunshinenaturals.net



Dietary Supplement

B-Complex *fortified* **with Vitamin C**

In a Natural Base

100 TABLETS

SUPPLEMENT FACTS

Serving Size: 1 Tablet

Servings per Container: 100

	Amount per Serving	% Daily Value
Vitamin C (Ascorbic Acid)	150 mg.	250%
Thiamine (Vitamin B-1)(as thiamine HCL)	12.5 mg.	833%
Riboflavin (Vitamin B-2)	6 mg.	353%
Niacin (as niacinamide)	50 mg.	250%
Vitamin B-6 (as pyridoxine HCL)	2.5 mg.	125%
Folate (as folic acid)	800 mcg.	200%
Vitamin B-12 (as cyanocobalamin)	2.5 mcg.	42%
Pantothenic Acid (as d-calcium pantothenate)	7 mg.	70%
Calcium (as dicalcium phosphate & bone meal)	170 mg.	17%
Magnesium (as magnesium oxide)	4 mg.	1%
Zinc (as zinc sulfate)	2 mg.	13%
Choline Bitartrate	2.5 mg.	*
PABA (as para-amino benzoic acid)	2 mg.	*
Inositol	100 mcg.	*
Rutin	20 mg.	*

*Daily Value not established.

Other Ingredients: Croscarmellose sodium, silicone dioxide, magnesium vegetable stearate.



DIETARY SUPPLEMENT

Distributed by:
AMERICAN NATURAVIT INC., Miami, FL 33166, U.S.A.