

The yellow pea protein will yield naturally occurring amino acids with a typical profile such as this:

Glutamic Acid	2672 mg
Aspartic Acid	1840 mg
Arginine	1392 mg
Lysine	1136 mg
Leucine	1312 mg
Phenylalanine	880 mg
Serine	816 mg
Valine	800 mg
Alanine	688 mg
Glycine	640 mg
Isoleucine	752 mg
Proline	688 mg
Threonine	608 mg
Tyrosine	608 mg
Histidine	400 mg
Cystine	160 mg
Methionine	176 mg
Tryptophan	160 mg

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

Manufactured for: **PureFormulas**

11800 NW 102 Rd, Ste 2 • Miami, FL 33178

www.pureformulas.com

This product contains NO yeast, wheat, gluten, soy, starch, artificial coloring, artificial preservatives, artificial flavoring, or genetically modified ingredients (GMOs).

Suggested Usage: As a dietary supplement, adults take one to two servings per day, mixed with 8-10 ounces of water or other liquid. Blend well.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #57054-908-PL-2269935

pureformulas

Essential Pea Protein

Vanilla Bean Flavor

A Dietary Supplement



Net Weight
908 grams (32 oz.)

Supplement Facts

Each Serving Contains 1 heaping scoop (approx. 30.2 grams)
Servings Per Container approx. 30

Amount Per Serving	%DV
Calories	95
Total Carbohydrates	8 g 2% ¹
Soluble Fiber	1 g *
Sugars (as Fructose)	5 g *
Protein	16 g 32% ¹

Each Serving also provides approximately:

Vitamin A	6,105 I.U.	122%
(as 39% Vitamin A palmitate and 61% beta carotene)		
Vitamin C (Ascorbic Acid)	260 mg	433%
Vitamin D-3 (Cholecalciferol)	25 I.U.	6%
Vitamin E (as d-alpha tocopheryl acetate)	100 I.U.	333%
Vitamin B-1 (Thiamine HCl)	24 mg	1,600%
Vitamin B-2 (Riboflavin)	12 mg	706%
Niacin/Nicotinamide	43 mg	215%
Vitamin B-6 (Pyridoxine HCl/Pyridoxal-5-Phosphate Complex)	24 mg	1,200%
Folic Acid	200 mcg	50%
Vitamin B-12 (as cyanocobalamin)	25 mcg	417%
Biotin	75 mcg	25%
Pantothenic Acid (d-Calcium Pantothenate)	125 mg	1,250%
Calcium (Citrate/Ascorbate/Carbonate Complex)	112 mg	11%
Phosphorus (from pea protein)	176 mg	18%
Iodine (Kelp)	45 mcg	30%
Magnesium (Aspartate/Ascorbate/Oxide Complex)	115 mg	29%
Zinc (Amino Acid Chelate)	5 mg	33%
Selenium (Krebs†)	45 mcg	64%
Manganese (Aspartate/Sulfate Complex)	4.5 mg	225%
Chromium GTF (Organically Bound with GTF activity-Low Allergenicity)	45 mcg	38%
Molybdenum (Krebs†)	23 mcg	31%
Sodium (from pea protein)	240 mg	10%
Potassium (Aspartate/Chloride Complex)	22 mg	<1%
Choline (Citrate/Bitartrate)	34 mg	*
Inositol	23 mg	*
Citrus Bioflavonoid Complex	23 mg	*
PABA (Para-Aminobenzoic Acid)	11 mg	*
Vanadium (Krebs†)	11 mcg	*
Boron (Aspartate/Citrate Complex)	0.3 mg	*
Trace Elements (from Sea Vegetation)	20 mcg	*
L-Cysteine/N-Acetyl-L-Cysteine	45 mg	*
Betaine HCl	34 mg	*

*Daily Value not established.

¹ Percent Daily value is based on a 2,000 Calorie diet.

Other ingredients: Yellow pea protein, fructose, natural vanilla flavor (contains milk), maltodextrin, BeFlora™ soluble fiber, cellulose, vegetable stearate, silica and stearic acid.