

30% Increase in Muscle Strength¹

The unique protein blend includes an anabolic module of 20 grams of whey protein and 6.2 grams of leucine that was clinically tested in an 8-week study of athletes performing an intense resistance exercise training regimen. The athletes using this proprietary module of whey protein and leucine demonstrated an increased improvement in muscle strength and muscle size as compared to those performing the same exercise training regimen who did not consume the proprietary module. In a clinical study of participants using a unilateral lower limb resistance training protocol, even the untrained limb demonstrated increases in muscle size.*

30% INCREASE IN MUSCLE STRENGTH¹ COMPARED TO PLACEBO



An 8-week study of athletes performing an intense resistance exercise training regimen demonstrated that those using this proprietary module of whey protein and leucine had greater increases in muscle strength and size than those on a placebo.

Increases Muscle Strength and Stamina with Half the Sets*

In a clinical study using a reduced volume resistance training protocol, the anabolic module in Amplified WheyBolic Extreme 60™ Original has been clinically shown to provide the same gains in maximum muscle strength and stamina doing one set while using Amplified WheyBolic Extreme 60™ Original when compared to two sets of the same amount of training without supplementation.*

1 SET + AMPLIFIED WHEYBOLIC EXTREME 60™ ORIGINAL = 2 SETS†



In an eight-week, randomized, double-blind, placebo-controlled study of 20 healthy males, subjects completing 1 set resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength (1RM) and muscle endurance (ME) compared to the carbohydrate group.

* As with any food product, use of this product alone will not lead to increased muscle mass or strength. This product is, however, useful for athletes involved in regular intense resistance training programs.

† Per 3 scoop serving.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-482-2548

SHOP NOW @ GNC.COM

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222

STACK WITH: PRO PERFORMANCE® AMP Amplified Ripped, Ultra Mega Green® Sport Vitapak® and SuperFoods Supreme.

Place UPC Here
0 48107 13961 2

PRO PERFORMANCE®
AMP

AMPLIFIED
**WHEYBOLIC
EXTREME 60™**
ORIGINAL
NATURAL
Flavors & Sweeteners

- 30% Increase in Muscle Strength¹*
- Rapid-Absorbing Whey Isolates & Hydrolysates
- 7.7g of Leucine Plus 8.5g of Muscle-Fueling Aminos*
- Increases Strength & Stamina with Half the Sets**
- Gluten Free and Naturally Sweetened



CLINICALLY RESEARCHED

NATURAL STRAWBERRY

NATURAL FLAVORS

DIETARY SUPPLEMENT
Net Wt 41.65 oz (2.6 lb) 1183 g



CODE 386376

FFG

DIRECTIONS: Once per day as a dietary supplement, consume one, two or three scoops of GNC Pro Performance® AMP Amplified WheyBolic Extreme 60™ Original in 4, 8, or 12 fl oz of cold water respectively, 30 minutes after your workout. On non-training days, consume one serving first thing in the morning. For extreme results, take the full three scoop serving twice per day, pre and post-workout.

Supplement Facts

	1 Scoop (28.2 g)	2 Scoops (56.3 g)	3 Scoops (84.5 g)
Serving Size	1 Scoop (28.2 g)	2 Scoops (56.3 g)	3 Scoops (84.5 g)
Servings Per Container	42	21	14
Amount Per Serving	% Daily Value	% Daily Value	% Daily Value
Calories	100	180	260
Calories from Fat	0	0	10
Total Fat	<0.5 g <1%	0.5 g 1%	1 g 2%
Saturated Fat	<0.5 g 2%	0.5 g 2%	0.5 g 2%
Cholesterol	5 mg 2%	10 mg 3%	15 mg 3%
Total Carbohydrate	4 g 1%	7 g 2%	11 g 4%
Dietary Fiber	1 g *	2 g *	3 g *
Sugars	20 g *	40 g *	60 g *
Protein	26 g 5%	52 g 10%	78 g 15%
Calcium	90 mg 6%	180 mg 10%	270 mg 20%
Sodium	70 mg 3%	130 mg 5%	200 mg 8%
Potassium	120 mg 3%	240 mg 7%	360 mg 10%
Amino Acids	2.83 g *	5.66 g *	8.5 g *
Arginine (as Whey Protein Isolate, Micronized L-Arginine, Hydrolyzed Whey Protein, Glutamine (as Whey Protein Isolate, Hydrolyzed Whey Protein, Micronized L-Glutamine))	2.56 g *	5.13 g *	7.7 g *
Leucine (as Whey Protein Isolate, L-Leucine and Hydrolyzed Whey Protein)	166 mg *	333 mg *	500 mg *
L-Carnitine (as L-Carnitine Tartrate)	79 mg *	158 mg *	239 mg *
Amino Acceleration System			
Peppin, Branitran			

* Percent Daily Values are based on a 2,000 calorie diet. * Daily Value not established.

OTHER INGREDIENTS: Protein Blend (Whey Protein Isolate, Hydrolyzed Whey Protein), Natural Flavors, Polydextrose, Lactitol, Citric Acid, Dried Cane Syrup, Xanthan Gum, Beet Powder, Salt, Reb A (Natural Stevia Leaf Sweetener), Monk Fruit Extract.

CONTAINS: Milk and Soybeans.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product swelling may occur.



Products bearing this logo have been tested for banned substances by LGC Sciences, Inc., a world-class anti-doping lab. *Product was tested for over 140 banned substances and the 2014 World Anti-Doping Agency (WADA) Prohibited List via LGC's elite lab testing protocol (HPLC/MS/MS). See gnc.com for more information.

TYPICAL AMINO ACID PROFILE PER 3 SCOOP SERVING			
Alanine	2895 mg	Lysine	4820 mg
Arginine*	3624 mg	Methionine	1201 mg
Aspartate	6499 mg	Phenylalanine	1669 mg
Cystine	1467 mg	Proline	4244 mg
Glutamine & Glutamic Acid*	10324 mg	Serine	2985 mg
Glycine	932 mg	Threonine	4362 mg
Histidine	1142 mg	Tryptophan	1039 mg
Isoleucine†	3834 mg	Tyrosine	1738 mg
Leucine**	7764 mg	Valine†	3441 mg
Total		64000 mg	

* Indicates Branched Chain Amino Acids (BCAA). * Denotes naturally occurring and added free form amino acids.



What is Amplified WheyBolic Extreme 60™ Original?

Looking for a protein that will help AMPify your game? When it comes to enhancing your strength, size and stamina, nothing complements your training regimen like Amplified WheyBolic Extreme 60™ Original! It is GNC's top protein formula with a base of whey and leucine – proven in clinical studies to give you 30% increase in strength, increased muscle size, and a 100% improvement in exercise efficiency.* That's better fuel for a stronger body – premium protein for ADVANCED MUSCLE PERFORMANCE.*

The Amplified WheyBolic Extreme 60™ Original Evolution

How is this protein AMPified? GNC's scientists worked with leading exercise and sports nutrition experts and went beyond the extreme to develop this distinct product...

Highly Effective Whey-Leucine Base – The impressive 60 grams of protein is made entirely from two of the highest quality, fast-absorbing forms of whey protein – isolates and hydrolysates.* With 7.7 grams of leucine, this creates an ideal environment for muscle protein synthesis.* This potent blend upregulates multiple Genetic Signaling Pathways (GSP) to enhance anabolism and muscle performance.* In fact, the whey and leucine blend in Amplified WheyBolic Extreme 60™ Original has been shown to increase muscle strength and stamina with half the sets.*

Micronized Amino Acids – Using MicroSorb™ Amino Technology, the amino acids added to this formula are pulverized, or "micronized" from large molecules into smaller particles to facilitate faster absorption. Why is that important? Better absorption of amino acids means better muscle fuel. These key amino acids support muscle building and recovery.*

Amino Acceleration System – This blend combines digestive enzymes that play an important role in digestion and help release vital nutrients from food.*

More Key Aminos – In addition to a whopping 7.7 grams of leucine, this formula is loaded with an array of aminos necessary for your muscles.* This complex blend of amino acids delivers 3.6 grams of arginine, which is involved in creatine synthesis, and over 10 grams of glutamine providing anabolic effects.* The amino acid L-carnitine is included to help transform fatty acids into energy for muscles and the body's energy production system.*

The Proof is in the Protein – and Then Some...

This cutting-edge formula is scientifically engineered to AMPify your game.

We've Made an Already Great Product Perfect!

How? By using natural flavors and sweeteners. This advanced formula will provide your body with the pure, clean, high-quality protein you need to fuel muscles while maximizing your gains.*

When Should I Take It?

Once per day as a dietary supplement, consume one, two or three scoops of GNC Pro Performance® AMP Amplified WheyBolic Extreme 60™ Original in 4, 8 or 12 fl oz of cold water respectively, 30 minutes after your workout. On non-training days, consume one serving first thing in the morning. For extreme results, take the full three scoop serving twice per day, pre and post-workout.

Nitro-Factor™ – Maximize Muscle Building*

The full muscle-building potential of a GNC product is based on its total nitrogen content – so the more nitrogen a product has, the stronger it will perform. Pro Performance® AMP Amplified WheyBolic Extreme 60™ Original with a Nitro-Factor™ of 68 grams helps fuel performance and anabolism.*

Amplified WheyBolic Extreme 60™ Original Features 6 Products in 1!

1. Whey Protein Isolate
2. BCAA Complex
3. Leucine
4. Arginine
5. L-Carnitine
6. Digestive Enzymes