

Suggested Usage: Take 1/4 level teaspoon 1 to 3 times daily.

Vitamin C is an essential nutrient well known for its vital role in immune system function.* It is a highly effective antioxidant that can protect the body's structures from oxidative damage generated during normal metabolism.* Vitamin C is also necessary for the production of collagen and is therefore important for skin, bone, and joint health.* It is also needed for amino acid metabolism and the utilization of many nutrients, such as folic acid and iron.* This product supplies Calcium Ascorbate C, a buffered form of Vitamin C that is bioavailable and non-acidic.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

CODE 0752 V5



Pure, Buffered Calcium Ascorbate

Antioxidant Protection*

Vitamin C Powder

Net Wt. 8 oz. (227 g)

A Dietary Supplement Vegetarian/Vegan



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1/4 Level Teaspoon (1.12 g)
Servings Per Container about 203

	Amount Per Serving	% Daily Value
Vitamin C (from Calcium Ascorbate)	890 mg	1483%
Calcium (from Calcium Ascorbate)	100 mg	10%

Other ingredients: None.

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Store in a cool, dry place after opening.

Please Recycle.

