Nutritional Support for Natural Energy Production and Overall Well-Being.*

Free from artificial colors and preservatives.

DIRECTIONS: As a dietary supplement, one tablet daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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PRODUCT NO. 30871



Nature's Plus.

The Energy Supplements®



EXOTIC RED SUPER FRUITS

Multi-Vitamin CHEWABLE

Dietary Supplement

Exotic **RED BERRY** Flavor

60 Tablets



Supplement Facts

Calories 10 Total Carbohydrate 2 g Sugars 2 g Vitamin A (as beta carotene) 5000 IU Vitamin D (as ascorbic acid) 150 mg Vitamin D (as ergocalciferol) 400 IU Vitamin B (as d-alpha tocopheryl acetate) 100 IU Thiamin (vitamin B1) (as thiamine HCl) 15 mg Riboflavin (vitamin B2) 15 mg Niacin (as naicinamide) 25 mg Vitamin B6 (as pyridoxine HCl) 15 mg Folate (as folic acid) 100 mcg Vitamin B12 (as cyanocobalamin) 15 mcg Biotin 20 mcg Pantothenic Acid (as calcium pantothenate) 20 mg	% DV 1%** 100% 250% 100%
Total Carbohydrate 2 g Sugars 2 g Vitamin A (as beta carotene) 5000 IU Vitamin C (as ascorbic acid) 150 mg Vitamin D (as ergocaciferof) 400 IU Vitamin D (as ergocaciferof) 100 IU Thiamin (vitamin B1) (as thiamine HCl) 15 mg Riboflavin (vitamin B2) 15 mg Niacin (as nacinamide) 25 mg Vitamin B6 (as pyridoxine HCl) 15 mg Folate (as folic acid) 100 mcg Vitamin B12 (as cyanocobalamin) 15 mcg Biotin 20 mcg Pantothenic Acid (as calcium pantothenate) 20 mg	† 100% 250%
Sugars. 2 g Vitamin A (as beta carotene) 5000 IU Vitamin C (as ascorbic acid) 150 mg Vitamin D (as ergocalciferol) 400 IU Vitamin E (as d-alpha tocopheryl acetate) 100 IU Thiamin (vitamin B1) (as thiamine HCl) 15 mg Riboflavin (vitamin B2) 15 mg Niacin (as niacinamide) 25 mg Vitamin B6 (as pyridoxine HCl) 15 mg Folate (as folic acid) 100 mcg Vitamin B12 (as cyanocobalamin) 15 mcg Biotin 20 mcg Pantothenic Acid (as calcium pantothenate) 20 mg	† 100% 250%
Vitamin A (as beta carotene) 5000 IÜ Vitamin C (as ascorbic acid) 150 mg Vitamin D (as ergocalciferol) 400 IU Vitamin B D (as ergocalciferol) 400 IU Vitamin E (as d-alpha tocopheryl acetate) 100 IU Thiamin (vitamin B1) (as thiamine HCl) 15 mg Riboflavin (vitamin B2) 15 mg Niacin (as niacinamide) 25 mg Vitamin B6 (as pyridoxine HCl) 15 mg Folate (as folic acid) 100 mcg Vitamin B12 (as cyanocobalamin) 15 mcg Biotin 20 mcg Pantothenic Acid (as calcium pantothenate) 20 mg	250%
Vitamin C (as ascorbic acid) 150 mg Vitamin D (as ergocalciferol) 400 IU Vitamin E (as d-alpha tocopheryl acetate) 100 IU Thiamin (vitamin B1) (as thiamine HCl) 15 mg Riboflavin (vitamin B2) 15 mg Niacin (as niacinamide) 25 mg Vitamin B6 (as pyridoxine HCl) 15 mg Folate (as folic acid) 100 mcg Vitamin B12 (as cyanocobalamin) 15 mcg Biotin 20 mcg Pantothenic Acid (as calcium pantothenate) 20 mg	250%
Vitamin D (as ergocalciferol) 400 IU Vitamin E (as d-alpha tocopheryl acetate) 100 IU Thiamin (vitamin B1) (as thiamine HCl) 15 mg Riboflavin (vitamin B2) 15 mg Niacin (as niacinamide) 25 mg Vitamin B6 (as pyridoxine HCl) 15 mg Folate (as folic acid) 100 mcg Vitamin B12 (as cyanocobalamin) 15 mcg Biotin 20 mcg Pantothenic Acid (as calcium pantothenate) 20 mg	
Vitamin E (as d-alpha tocopheryl acetate) 100 IU Thiamin (vitamin B1) (as thiamine HCl) 15 mg Riboflavin (vitamin B2) 15 mg Niacin (as niacinamide) 25 mg Vitamin B6 (as pyridoxine HCl) 15 mg Folate (as folic acid) 100 mcg Vitamin B12 (as cyanocobalamin) 15 mcg Biotin 20 mcg Pantothenic Acid (as calcium pantothenate) 20 mg	100%
Thiamin (vitamin B1) (as thiamine HCl)	
Riboflavin (vitamin B2)	333%
Niacin (as niacinamide). 25 mg Vitamin B6 (as pyridoxine HCl) 15 mg Folate (as folic acid) 100 mcg Vitamin B12 (as cyanocobalamin). 15 mcg Biotin. 20 mcg Pantothenic Acid (as calcium pantothenate) 20 mg	000%
Vitamin B6 (as pyridoxine HCl) 15 mg Folate (as folic acid) 100 mcg Vitamin B12 (as cyanocobalamin) 15 mcg Blotin. 20 mcg Pantothenic Acid (as calcium pantothenate) 20 mg	882%
Folate (as folic acid)	125%
Vitamin B12 (as cyanocobalamin). 15 mcg 28 liotin. 20 mcg Pantothenic Acid (as calcium pantothenate). 20 mg	750%
Biotin	25%
Pantothenic Acid (as calcium pantothenate) 20 mg	250%
	7%
	200%
Calcium (as gluconate)	1%
Iron (as gluconate) 5 mg	28%
lodine (as potassium iodide)	67%
Magnesium (as gluconate) 0.145 mg	<1%
Zinc (as gluconate)	2%
Copper (as gluconate)	3%

Red Whole Food Blend: ± beet, fructooligosaccharides. 50 ma pomegranate, goii, noni, mangosteen, acai (cabbage palm) cranberry, red raspberry, black raspberry, red grape, tomato, strawberry, black currant, red bell pepper, bilberry, blueberry, elderberry, nopal cactus carrot, green tea leaf, turmeric root and rhizome, fenugreek seed, apple, apricot, orange, peach, plum, pear, guava, pineapple, watermelon, mango pea. Activessence (a patented enzyme activation system - cellulase.

pectinase, hemicellulase and xylanase)	
Lecithin (from soy)	25 mg †
Choline (as bitartrate)	5 mg †
Lecithin (from soy) Choline (as bitartrate) Hesperidin (from <i>Citrus limon</i> exocarp) Betaine HCl	5 mg †
Betaine HCI	5 mg †
Rutin (from Sophora japonica leaf)	2.5 mg †
Bioflavonoids (from <i>Citrus limon</i> exocarp)	2.5 mg †
PABA (para-aminobenzoic acid)	2.5 mg †
Autin (from <i>Sophora japonica</i> leaf). Bioflavonoids (from <i>Citrus limon</i> exocarp) -ABA (para-aminobenzoic acid) nositol	2.5 mg †

*Percent Daily Values are based on a 2,000 calorie diet †Daily Value (DV) not established, ‡For more details, visit www.naturesplus.co