

Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	500 mg	833%
Citrus Bioflavonoid Complex	100 mg	†
Acerola Powder (<i>Malpighia puniceifolia</i>) (Fruit)	100 mg	†
Rose Hips Powder (<i>Rosa canina</i>) (Fruit)	100 mg	†
Rutin Powder (<i>Sophora japonica</i>) (Flower Bud)	10 mg	†

† Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (vegetable source), Silica, Magnesium Stearate (vegetable source) and Vegetarian Coating.

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening. Please Recycle.



C-500 Complex

Antioxidant Protection*

With Bioflavonoids, Acerola
& Rose Hips

100 Tablets

A Dietary Supplement Vegetarian/Vegan



Suggested Usage: Take 1 tablet 1 to 3 times daily. Vitamin C is a water soluble nutrient well known for its vital role in the immune system.* Vitamin C is also necessary for the production of collagen (a structural protein in connective tissue) and is therefore important for skin, bone, and joint health.* Vitamin C is needed for amino acid metabolism, neurotransmitter synthesis, and the utilization of many nutrients, such as folic acid and iron.* It is also a highly effective antioxidant that can protect the body's cells and molecules from damage by free radicals and reactive oxygen molecules generated during normal metabolism and exposure to environmental stressors.* NOW® C-500 Complex is a blend of Acerola and Rose Hips (natural sources of Vitamin C) plus Citrus Bioflavonoids and Rutin which work synergistically to support Vitamin C utilization.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet.
Keep in Bottle.

CODE 0660B V4



TABLET SIZE

7 33739 00660 8