

DIRECTIONS: As a dietary supplement take 1 or 2 capsules (adults only) preferably before bedtime.

MODO DE USO: Para adultos, tomar 1 ó 2 cápsulas al día, preferiblemente antes de ir a dormir.

Valerian, the herbal medicine of choice for nervous tension and panic attacks. It is not habit forming and works immediately.*

Este medicamento herbal ayuda a controlar la tensión nerviosa. No crea hábito y trabaja inmediatamente.

KEEP OUT OF REACH OF CHILDREN.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

www.SunshineNaturals.com



Herbal Supplement

Valerian Root

(Raiz de Valeriana)

1000 mg.

Ayuda Natural Para
La Ansiedad y el Insomnio*

SUPPLEMENT FACTS

Serving Size 2 Capsule
Servings per Container 50

Amount per Serving	% Daily Value
Valerian Root (Valerians Officinalis)	1000 mg. **

**Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Magnesium Stearate and Gelatin.



HERBAL SUPPLEMENT

100 CAPSULES

Distributed by:
AMERICAN NATURAVIT INC., Miami, FL 33166 U.S.A.