Nutritional Support for Healthy Sleep Function. *

DIRECTIONS: As a dietary supplement for adults, one or two tablets 30 minutes before bedtime. For clinical strength activity, take 3 tablets, 30 minutes before bedtime. **NOTICE**: For adult use only. If you have any of the following conditions, this product should be used only with the advice of a qualified healthcare practitioner: pregnancy, lactation, serious illness, autoimmune disorders, diabetes, depression, endocrine disorders or during use of antidepressants or other prescription medications. Do not drive or operate heavy machinery while using.

LACTOSE FREE • GLUTEN FREE • CONTAINS NO egg, fish, crustacean shellfish, tree nuts, wheat, peanuts, soybeans, artificial colors or preservatives. • **CONTAINS NO GMO** (genetically modified organisms) or human variant BSE (Bovine Spongiform Encephalopathy).

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT NO. 10041









DIETARY SUPPLEMENT 30 Tri-Phase Tablets





Supplement Facts

Serv Size 1 or 2 Tri-Phase Tablets, Servs Per Container 30 or 15

Amount	Per 1 Tablet	Per 2 Tablets
Casein decapeptides (milk protein)‡	50 mg†	100 mg†
5-HTP (5-hydroxytryptophan)	25 mg†	50 mg†
L-theanine (free form amino acid from tea)	25 mg†	50 mg†
Melatonin (N-acetyl-5-methoxytryptamine)	1.5 mg†	3 mg†

†Daily Value not established. ‡Lactium®

Other ingredients: Microcrystalline cellulose, di-calcium phosphate, cranberry, stearic acid, hydroxypropyl methylcellulose, **Botanical Calming Blend** [lemon balm (*Melissa officinalis* leaf), hops (*Humulus*), chamomile (*Matricaria recutita* flower), pomegranate (*Punica granatum*), noni (*Morinda citrifolia*), goji (*Lycium barbarum*), açai (*Euterpe oleracea*), mangosteen (*Garcinia mangostana* L.)], vegetable cellulose, magnesium stearate, maltodextrin, citric acid, tri-calcium phosphate, malic acid, magnesium hydroxide and pharmaceutical glaze. Contains lactose-free milk.

Manufactured for **DreamQuest Nutraceuticals**™ 4660 Aircenter Circle, Reno, NV 89502-7917, USA www.dreamquestnutraceuticals.com ©DreamQuest Nutraceuticals, Inc.