

LBL.

## **Supplement Facts**

Serving Size 3 Capsules, Servings Per Container 30

†Daily Value (DV) not established.

Amount Per Serving		% DV
Vitamin C (as ascorbic acid)	60 mg	100%
Citrus Bioflavonoids (from Citrus limon exocarp)	400 mg	†
Rutin (from Sophora japonica leaf)	100 mg	Ť
Hesperidin Complex (from Citrus limon exocarp)	100 mg	t
Chinese Green Tea ( <i>Camellia sinensis</i> leaf) (standardized 95% [90 mg] polyphenols, 80% [80 mg] catechins)	100 mg	†
Red Wine Concentrate (alcohol free) ( <i>Vitis vinifera</i> ) (standardized 20% [10 mg] polyphenols)	50 mg	t
Quercetin (as D-hydrate) (from Dimorphandra mollis)	50 mg	t
Bilberry ( <i>Vaccinium myrtillus</i> fruit) (standardized 25% [6.25 mg] anthocyanosides)	25 mg	†
Grape Seed ( <i>Vitis vinifera</i> ) (standardized 95% [23.75 mg] proanthocyanidins)	25 mg	Ť
Ginkgo Biloba Leaf (standardized 24% [4.8 mg] ginkgo flavone-glycosides, 6% [1.2 mg] terpene lactones)	20 mg	t

Other ingredients: Vegetable cellulose, purified water, microcrystalline cellulose, silica, magnesium stearate, **WHOLE FOOD BLEND** [Blueberry (Vaccinium angustifolium Fruit), Blackberry (Rubus fruticosus Fruit), Red Wine Grape (Vitis vinifera), Elderberry (Sambucus nigra), Lingonberry Extract, Plum, Black Cherry Extract, Purple Fig, Agave, Passion Fruit (Passiflora edulis), Purple Kale (Brassica oleracea), Rhubarb, Acerola (Malpighia glabra), Beet, Hibiscus (Hibiscus sabdariffa), Prune (Prunus domestica), Pomegranate Extract, Carob (Caratonia siliqua), Wolfberry (Lycium barbarum L.), Black Currant (Ribes nigrum L.) Extract, FOS (fructooligosaccharides), Activessence (a patented enzyme activation system - Cellulase, Pectinase, Hemicellulase and Xylanase)].

## Nutritional Support for Healthy Capillaries.\*

Nature's Plus® Bruise Free® supplies the naturally occurring compounds that support the body's ability to mend bruises deep within the skin, repairing capillaries and other injured blood vessels.\*

Made with only the finest quality, natural ingredients, Bruise Free uniquely combines standardized polyphenols from green tea, grape seed, bilberry, ginkgo and red wine with the synergistic collagen-repairing activity of vitamin C, rutin, hesperidin and guercetin.\*

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

**Directions:** As a dietary supplement, take three capsules once daily.

This product supports the healing of minor bruises of known origin. Consult a qualified health care practitioner for all other bruises.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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