



Supplement Facts

Serving Size 2 Tablespoons or 1 Capful (1 fl. oz.) (29.57 ml)
Servings Per Container 30

Amount Per Serving		% DV
Calories	50	
Total Carbohydrate	14 g	5%**
Sugars	10 g	†
Vitamin A (as palmitate)	10,000 IU	200%
Vitamin C (as ascorbic acid)	500 mg	833%
Vitamin D (as ergocalciferol)	100 IU	25%
Vitamin E (as d-alpha tocopheryl acetate)	100 IU	333%
Vitamin K (as phytonadione)	150 mcg	188%
Thiamin (vitamin B1) (as thiamine HCl)	50 mg	3333%
Riboflavin (vitamin B2)	50 mg	2941%
Niacin (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine HCl)	50 mg	2500%
Folate (as folic acid)	800 mcg	200%
Vitamin B12 (as cyanocobalamin)	200 mcg	3333%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium pantothenate)	60 mg	600%
Calcium (as citrate complex)	100 mg	10%
Iron (as aminoate complex)	4.5 mg	25%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as citrate complex)	250 mg	63%
Zinc (as gluconate complex)	15 mg	100%
Selenium (as aminoate complex)	100 mcg	143%
Copper (as aminoate complex/chlorophyllin)	1 mg	50%
Manganese (as gluconate)	2 mg	100%
Chromium (as polynicotinate††)	120 mcg	100%
Molybdenum (as aminoate complex)	50 mcg	67%

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other ingredients: Water, fructose, vegetable glycerin, citric acid, choline bitartrate, inositol, natural flavors, ipriflavone, standardized soy extract, xanthan gum, lemon bioflavonoids, spirulina, potassium sorbate (preserves freshness), sodium benzoate (preserves freshness), lutein, boron citrate, Spanish bee pollen, bromelain (from pineapple fruit), lipase***, **Herbal Antioxidant Complex** [Proprietary blend of turmeric (*Curcuma longa* rhizome)‡, bilberry (*Vaccinium myrtillus* fruit)‡, green tea (*Camellia sinensis* leaf) (decaffeinated)‡], **Fem-Effect Complex** [Proprietary blend of chasteberry (*Vitex agnus-castus* fruit)‡, damiana (whole herb), dong quai (*Angelica sinensis* root), black cohosh (*Cimicifuga racemosa* root and rhizome)‡, amylase***, lactase (DairyMate®), protease***, astragalus root, barley leaf, Irish moss (*Chondrus crispus*), thyme leaf, ligustrum berry, schisandra fruit and rice bran.

‡ standardized extract

*** from brown rice fermentation

LBL 1132625

DIRECTIONS: Shake well. As a dietary supplement for women, take two tablespoons or one capful (about 30 ml) once daily. Luscious, refreshing berry-flavored **Source of Life Women Liquid** can be enjoyed straight from the bottle or mixed with a favorite beverage to create an energizing, nutritious power drink.

Convenient Drip-Proof Bottle

Free from artificial colors and sweeteners.

KEEP TIGHTLY CLOSED.
REFRIGERATE AFTER OPENING.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

NOTE: If you are pregnant or nursing, consult your healthcare practitioner before using any herbal product.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

††ChromMate® Brand Niacin-Bound Chromium, is a registered trademark of InterHealth N.I.

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