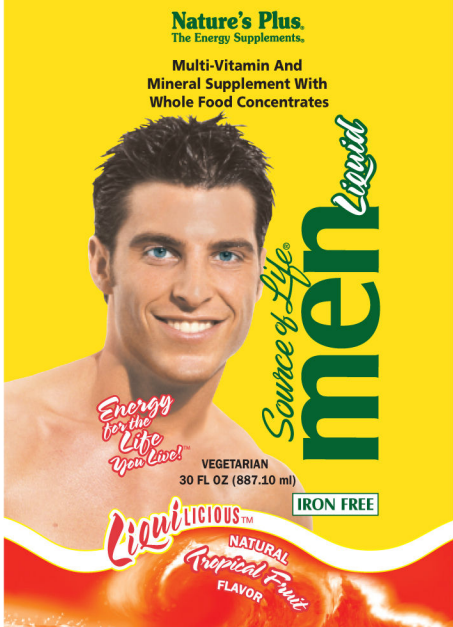




Supplement Facts

Serving Size 2 Tablespoons or 1 Capful (1 fl. oz.) (29.57 ml)
Servings Per Container 30

Amount Per Serving		% DV
Calories	50	
Total Carbohydrate	14 g	5%**
Sugars	10 g	†
Vitamin A (as palmitate)	10,000 IU	200%
Vitamin C (as ascorbic acid)	500 mg	833%
Vitamin D (as ergocalciferol)	100 IU	25%
Vitamin E (as d-alpha tocopheryl acetate)	200 IU	667%
Vitamin K (as phytonadione)	150 mcg	188%
Thiamin (vitamin B-1) (as thiamine HCl)	75 mg	5000%
Riboflavin (vitamin B-2)	75 mg	4412%
Niacin (as niacinamide)	75 mg	375%
Vitamin B-6 (as pyridoxine HCl)	75 mg	3750%
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	200 mcg	3333%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium pantothenate)	60 mg	600%
Calcium (as citrate complex)	250 mg	25%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as citrate complex)	125 mg	31%
Zinc (as gluconate)	30 mg	200%
Selenium (as aminoate complex)	100 mcg	143%
Copper (as aminoate complex/chlorophyllin)	1 mg	50%
Manganese (as gluconate)	2 mg	100%
Chromium (as polynicotinate‡‡)	120 mcg	100%
Molybdenum (as aminoate complex)	50 mcg	67%

**Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value (DV) not established.

Other ingredients: Water, fructose, vegetable glycerin, citric acid, choline bitartrate, inositol, natural flavors, xanthan gum, saw palmetto berry (*Serenoa repens*)‡, bee pollen, bromelain, lemon bioflavonoids, spirulina, sodium benzoate (preserves freshness), potassium sorbate (preserves freshness), *Rhodiola rosea* root, alpha lipoic acid, pumpkin seed (*Cucurbita maxima*), L-glycine††, L-alanine††, L-glutamine††, amylase***, lipase***, lactase (DairyMate®), protease***, **Herbal Complex** (turmeric [*Curcuma longa* rhizome]‡, bilberry fruit [*Vaccinium myrtillus*]‡, green tea leaf [*Camellia sinensis*] [decaffeinated]), lutein, lycopene, astragalus, barley leaf, Irish moss, thyme leaf, ligustrum berry, schisandra fruit and rice bran.
‡ standardized extract
†† free form amino acid
*** from brown rice fermentation

DIRECTIONS: Shake well. As a dietary supplement for men, take two tablespoons or one capful (about 30 ml) once daily. **Source of Life Men Liquid** is so delicious, you can enjoy it straight from the bottle or mixed with a favorite beverage.

Convenient Drip-Proof Bottle
Free from artificial colors and sweeteners.

KEEP TIGHTLY CLOSED.
REFRIGERATE AFTER OPENING.
KEEP OUT OF REACH OF CHILDREN.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

‡‡ChromeMate® Brand Niacin-Bound Chromium is a registered trademark of InterHealth N.I.

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