

PROFESSIONAL USE ONLY

Not for resale on third-party websites,
including, but not limited to, Amazon® and eBay®.

DIRECTIONS: Blend, shake, or briskly stir two scoops (51 g) into 8-12 oz chilled water and consume once daily, or as directed by your healthcare practitioner. Adjust amount of water to desired sweetness and thickness.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged. The labeling on this product does not comply with California's Proposition 65. Therefore, this product may not be sold in California.

BrainSustain™, developed by David Perlmutter, MD, FACN, board-certified neurologist and internationally recognized leader in nutritional neurology, represents more than 30 years of neuroscience research. Designed to address brain health, structure, and function, BrainSustain contains a variety of nutrients and cofactors that support mitochondrial energy production, antioxidant systems, neurotransmitter production, and cell membrane integrity.*

BrainSustain features 50 mg of EVNoI™ in every serving. EVNoI is a patented full-spectrum, pure d-mixed-tocotrienols complex derived from red palm oil—a scientifically validated source. It provides all four tocotrienol isomers (alpha, beta, gamma, and delta) in natural ratios. Tocotrienols offer extraordinary protective benefits to brain cells (e.g., white matter) and neurons, and higher serum levels of tocotrienols are associated with cognitive health. This brain health formula also features VegaPro™, XYMOGEN's proprietary pea/rice protein blend; Aminogen®, to facilitate protein absorption; and activated B vitamins, including Quatrefolic® (5-methyltetrahydrofolate or 5-MTHF).*

Two scoops of BrainSustain powder provide the same amount of N-acetyl-L-cysteine, phosphatidylserine, acetyl-L-carnitine, alpha-lipoic acid, coenzyme Q10, and glucoraphanin (truebroc™) as eight capsules of XYMOGEN's NeuroActives™ BrainSustain™.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep tightly closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy protein, dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, or artificial sweeteners.



19g
PROTEIN

Developed by David Perlmutter, MD

BrainSustain™

Comprehensive Brain Support Formula*

ePV:



NET WT
26.98 oz
(765 g)

Dietary
Supplement

Creamy
Chocolate



Supplement Facts

Serving Size: 2 Scoops (about 51 g)
Servings Per Container: About 15

Amount Per Serving		%Daily Value†	
Calories 180		Iron (naturally occurring)	6 mg 33%
Calories from Fat 50		Phosphorus (as potassium phosphate)	50 mg 5%
Total Fat 6 g	9%	Magnesium (as Albion® di-magnesium malate)	50 mg 13%
Saturated Fat 1.5 g	8%	Sodium (naturally occurring)	380 mg 16%
Total Carbohydrate 19 g	6%	Potassium (naturally occurring)	340 mg 10%
Dietary Fiber 9 g	36%		
Sugars 6 g	**	Acetyl-L-Carnitine (as acetyl-L-carnitine HCl)	800 mg **
Protein 19 g		N-Acetyl-L-Cysteine	300 mg **
Vitamin C	415 mg 692%	Phosphatidylserine (Sharp®PS® GREEN)	200 mg **
(as calcium ascorbate and ingredients with naturally occurring vitamin C)		Alpha-Lipoic Acid	200 mg **
Vitamin D3 (cholecalciferol)	1000 IU 250%	Coenzyme Q10 (as ubiquinone)	200 mg **
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	200 IU 667%	DHA (docosahexaenoic acid from algal oil)(life'sDHA®)	50 mg **
Riboflavin (as riboflavin 5' phosphate sodium)	25 mg 1471%	EVNoI™ Mixed Tocotrienols	50 mg **
Niacin (as niacinamide)	200 mg 1000%	Benfotiamine	50 mg **
Vitamin B6 (as pyridoxal 5'-phosphate)	50 mg 2500%	Glucoraphanin	30 mg **
Folate (400 mcg as Quatrefolic®)	800 mcg 200%	(from broccoli extract)(Brassica oleracea Italica)(seed)(truebroc™)	
(6S)-5-methyltetrahydrofolic acid, glucosamine salt and 400 mcg as calcium folinate)			
Vitamin B12 (as methylcobalamin)	1000 mcg 16,667%	† Percent Daily Values are based on a 2,000 calorie diet.	
Calcium (as calcium ascorbate and ingredients with naturally occurring calcium)	95 mg 10%	** Daily Value not established.	

Other Ingredients: VegaPro™ (XYMOGEN's proprietary blend of pea protein concentrate, pea protein isolate, taurine, glycine, rice protein concentrate, and L-glutamine), dried cane syrup, inulin (from chicory), sunflower oil, cocoa powder, natural flavors (no MSG), cellulose gum, xanthan gum, medium-chain triglyceride oil, Aminogen®, guar gum, stevia leaf extract, and silica.

Sharp-PS® GREEN is a registered trademark of Enzymotec Ltd.
Albion is a registered trademark of Albion Laboratories, Inc.



Produced under US patent 5,725,895; 5,968,505; 5,968,567;
6,177,122; and 6,242,018 licensed from Brassica Protection Products
LLC; truebroc is a trademark of Brassica Protection Products LLC.



Quatrefolic® is a registered trademark of Gnosis
S.p.A. Produced under US patent 7,947,662.



life'sDHA® is a trademark of DSM.



AMINOGEN® is a registered trademark of Triarco Industries.
AMINOGEN® is protected under US patent 5,387,422.



EVNoI™ (formerly known as Tocomin®) is a trademark of ExcelVite.
Tocotrienols are extracted and concentrated from sustainably sourced
Malaysian red palm oil. Protected by US patent 5,157,132.

Typical Amino Acid Profile Per Serving:

Alanine	834 mg
Arginine	1,673 mg
Aspartic Acid	2,259 mg
Cysteine	182 mg
Glutamic Acid	3,293 mg
Glycine	797 mg
Histidine	483 mg
Isoleucine	899 mg
Leucine	1,634 mg
Lysine	1,417 mg
Methionine	204 mg
Phenylalanine	1,059 mg
Proline	845 mg
Serine	1,039 mg
Threonine	726 mg
Taurine	500 mg
Tryptophan	191 mg
Tyrosine	742 mg
Valine	973 mg

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