

• ANTIOXIDANT NUTRITION •

Nature's Plus®
The Energy Supplements®

Source of Life RED®
Multi-Vitamin & Mineral Supplement
WITH WHOLE FOOD CONCENTRATES
Exotic Red Fruits, Lutein, Lycopene
and Anti-Aging Nutrients

ORAC VALUE
1000

GLUTEN
Free

Hypo-Allergenic • Vegetarian • 90 Tablets

Supplement Facts

Serving Size 3 Tablets, Servings Per Container 30

Amount Per Serving	%DV
Calories	20
Total Carbohydrate	3 g 1%**
Dietary Fiber	1 g 6%**
Protein	1 g
Vitamin A (as beta carotene)	10,000 IU 200%
Vitamin C (as ascorbic acid)	1000 mg 1667%
Vitamin D3 (as cholecalciferol)	1000 IU 250%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU 667%
Vitamin K2 (as menatetrenone)	100 mcg 125%
Thiamin (as thiamine HCl)	25 mg 1667%
Riboflavin (vitamin B2)	25 mg 1471%
Niacin (as niacinamide)	40 mg 200%
Vitamin B6 (as pyridoxine HCl)	25 mg 1250%
Folate (as folic acid)	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	200 mcg 3333%
Biotin	100 mcg 33%
Pantothenic Acid (as calcium pantothenate)	60 mg 600%
Calcium (as aminoate complex)	200 mg 20%
Iron (as aminoate complex, ascorbate)	18 mg 100%
Iodine (from kelp)	150 mcg 100%
Magnesium (as aminoate complex)	100 mg 25%
Zinc (as aminoate complex, picolinate)	15 mg 100%
Selenium (as aminoate complex)	25 mcg 36%
Copper (as aminoate complex)	0.5 mg 25%
Manganese (as aminoate complex)	4 mg 200%
Chromium (as aminoate complex)	20 mcg 17%
Potassium (as aminoate complex)	50 mg 1%

Amount Per Serving

Red Lightning Proprietary Blend (30 whole foods)†	1000 mg†
Proprietary Anti-Aging Blend:	250 mg†
MSM (methylsulfonylmethane), NAC (N-acetyl cysteine), turmeric (std. curcumin), grape (<i>Vitis vinifera</i>) seed extract (std. proanthocyanidins)	
Bee Pollen (Spanish)	100 mg†
Sunflower Oil (supplying linoleic acid [54.1 mg], oleic acid [9.3 mg], palmitic acid [4.4 mg], stearic acid [2.2 mg])	70 mg†
Bioflavonoids (from <i>Citrus limon</i> exocarp) (active flavonols, flavonones, flavones & naringin [26 mg])	60 mg†
Black Currant Seed Oil	50 mg†
Ginseng Root (Korean)	50 mg†
Bromelain (from pineapple fruit) (24 GDU)	40 mg†
Choline (as bitartrate)	30 mg†
Inositol	30 mg†
Quercetin (from <i>Sophora japonica</i> & <i>Dimorphandra mollis</i>)	30 mg†
Papain (from papaya fruit)	30 mg†
Rutin (from <i>Sophora japonica</i> leaf)	25 mg†
Betaine HCl	25 mg†
Apple Pectin	20 mg†
PABA (para-aminobenzoic acid)	15 mg†
Hesperidin (from <i>Citrus limon</i> exocarp)	10 mg†
RNA (ribonucleic acid) (from Whole Food Blend)	6 mg†
DNA (deoxyribonucleic acid) (from Whole Food Blend)	6 mg†
Amylase (from brown rice fermentation)	5 mg†
Lipase (from brown rice fermentation)	5 mg†
Lycopene (active carotenoid from tomato)	5 mg†
Chlorophyll (from Whole Food Blend)	4.5 mg†
Carotenoids (from Whole Food Blend)	4 mg†
Eriocitrin (from <i>Citrus limon</i> exocarp)	3 mg†
Lutein (active carotenoid from marigold flower extract)††	3 mg†
Proanthocyanidins (from Whole Food Blend)	500 mcg†
Octacosanol	200 mcg†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Nutritional Support for Free Radical Defense, Natural Energy Production and Overall Well-Being.*

Free from artificial colors, preservatives, yeast, wheat, soy and milk.

DIRECTIONS: As a dietary supplement, three tablets once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

†† **FloraGLO** is a registered trademark of LUTEN  Kemin Industries, Inc.

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PRODUCT NO. 30542



Other ingredients: Multi Color Lightning Proprietary Whole Food Blend (115 fruits and vegetables)‡, young barley leaf, stearic acid, magnesium stearate, silica and pharmaceutical glaze. Mineral aminoates are whole brown rice chelates.

‡For details, see outer carton or visit www.naturesplus.com